

Partnerships to Facilitate  
Prevention and Recovery:  
*Transformation Where  
It Counts!*



The 20<sup>th</sup> Annual Substance Abuse Conference  
and  
The 18<sup>th</sup> Annual Mental Health Best Practices Conference

Southern Hills Marriott  
Tulsa, Oklahoma

Wednesday, Thursday & Friday  
January 23-25, 2008

*Presented by:*

Oklahoma Department of Mental Health  
and Substance Abuse Services

## Featured Speakers

**Terry Cline, Ph.D.** is the Administrator for the Substance Abuse and Mental Health Services Administration (SAMHSA). He leads the \$3.3 billion agency that is responsible for improving the accountability, capacity and effectiveness of the nation's substance abuse prevention, addictions treatment, and mental health service delivery systems. Prior to his appointment as SAMHSA Administrator, Dr. Cline was Oklahoma's Secretary of Health, a position he was appointed to by Governor Brad Henry in 2004. At the same time, he served as Oklahoma's Commissioner of the Department of Mental Health and Substance Abuse Services, a position he held since January 2001. He actively participated in and supported the creation of grassroots coalitions to improve the health status of local communities. During his tenure in Oklahoma, Dr. Cline built strong collaborative relationships among the multiple constituency groups and government agencies that touch the lives of people with substance abuse and mental health problems.

**Edwin J. Nichols, Ph.D.** is a Clinical/Industrial Psychologist, working in Organization Development. He is Director of Nichols and Associates, Inc., an applied behavioral science firm, effecting technology transfer to organizations, based on principles of philosophy, basic and behavioral science. He provides services to Fortune 500 Corporations, foreign governments, national government agencies, associations, health and mental health systems. His commitment is to help organizations achieve systemic congruence through cultural competence, assuring the value added the competitive edge and increased market share. Dr. Nichols retired from the National Institute of Mental Health where he held various clinical administrative positions. While directing Technology Transfer, he converted myriad research findings to a matrix for applied clinical practice at community mental health centers through distance learning. Dr. Nichols was a Visiting Professor at the University of Ibadan, Nigeria. After developing norms for Nigerian children, he established the Child's Clinic for psychological assessment and evaluation.

**Hiram E. Fitzgerald, Ph.D.** is Associate Provost, University Outreach and Engagement and University Distinguished Professor in the Department of Psychology at Michigan State University. He is also Executive Director for the World Association for Infant Mental Health and Co-Director for the Michigan Longitudinal Study.

**Brad Barton** was raised in a difficult environment, plagued with learning disabilities and poor self-esteem. An educator found magic in him and got him on track – literally. He received an athletic scholarship and ultimately earned NCAA All-American, and Academic All-American honors, and qualified for the U.S. Olympic Trials. Brad served ten years with Weber Human Services in Ogden, Utah, as a Substance Abuse Prevention Specialist, training teachers and educating students in substance abuse and character education related issues. He created The Adventure Club, an inner-city after-school program that emphasizes character education, healthy life skills and community service. This program has been adopted by other school districts and received recognition from then Governor Mike Leavitt for his contributions to after-school education. Brad uses the metaphor of magic to teach young people the truth about drugs, violence and other dangerous illusions. His magical approach and inspiring messages have thrilled and instructed educators, human service workers and business professionals throughout the country.

## Conference Sponsors

U.S. Dept. of Health and Human Services, Substance Abuse and Mental Health Services Administration  
Oklahoma State Department of Education  
Oklahoma Department of Mental Health and Substance Abuse Services  
Oklahoma Department of Corrections  
Association of DUI Administrators of Oklahoma  
State Assessor Association of Oklahoma  
Oklahoma Citizen Advocates for Recovery and Treatment Association  
Oklahoma National Guard Counterdrug Program  
Oklahoma Substance Abuse Services Alliance

## Lodging

Tulsa's Southern Hills Marriott Hotel, 1902 East 71st Street (71<sup>st</sup> and Lewis) is the official conference hotel. Participants must make their own lodging reservations. A block of rooms has been set aside for participants until January 16, 2008. Call the Marriott reservation desk at 918-493-7000 or toll free at 866-242-5060 and ask for the special group rate for the 20<sup>th</sup> Annual Substance Abuse Conference and 18<sup>th</sup> Annual Best Practice Conference.

Lodging is \$73 per night (plus 13% tax) for single occupancy and \$83 per night for double occupancy. After January 14, the special conference rate will not be available.

**ADDITIONAL HOTELS for overflow accommodations. Ask for the special rate for the Department of Mental Health and Substance Abuse Services.**

Hilton Tulsa Southern Hills  
7900 S. Lewis  
Tulsa, OK 74136  
918/492-5000  
800-365-1701

Doubletree Downtown  
616 W. 7<sup>th</sup> Street  
Tulsa, Ok

800-222-tree (8733) or online instructions below:

[www.tulsadowntown.doubletree.com](http://www.tulsadowntown.doubletree.com) complete the dates and preferences section, then click Go. Under "Special Accounts" section- Enter group ID Code in box next to "Group/Convention Code". Your Group ID is DMH. Complete the remaining steps and confirmation will be e-mailed to you.

## Registration and Fees

Please complete your registration before January 16, 2008. The cost for the full three-day conference is \$225 (or \$75 per day) if registration is postmarked on or before that date. Fees for later or on-site registrations are \$375 for the full conference or \$125 per day. Please indicate on the registration form the days you will attend.

**By Mail:** Complete the form provided and mail to:

ODMHSAS, 2401 NW 23rd Street, Suite 82, Oklahoma City, OK 73107.

**By Fax:** Faxed registrations are accepted at 405-522-8320.

**Cancellation Policy:** The registration fee will be returned *only* if notice of cancellation is provided in writing and postmarked no later than January 9, 2008. After that date, refunds cannot be granted.

**For More Information:** Call the ODMHSAS Human Resource Development office at 405-522-8300 if you have questions about the conference, or e-mail [sadunn@odmhsas.org](mailto:sadunn@odmhsas.org).

## Call for Exhibitors

Is your organization one you want others to know about? An exhibit at the 2008 Partnerships to Facilitate Prevention and Recovery Conference will introduce your organization to prevention and treatment professionals from Oklahoma and surrounding states. To discuss becoming an exhibitor, call Luann Cox, ODMHSAS Human Resource Development Division at 405-522-4333 or e-mail her at [lcox@odmhsas.org](mailto:lcox@odmhsas.org).

## Agenda

### Wednesday, January 23, 2008

**7:30 – 9:00 Registration and Continental Breakfast**

**9:00 – 10:30 Welcome- Durand Crosby, Chief Operating Officer, ODMHSAS  
Terri White, Commissioner, ODMHSAS  
Steven Buck, Deputy Commissioner of Communication and Prevention, ODMHSAS**

**Plenary: Terry Cline, Ph.D., Administrator, SAMHSA.** In celebration of Oklahoma's first annual combined conference to address prevention, substance abuse and mental health, Dr. Cline will touch on the power of substance abuse prevention and mental health promotion, expanding capacity in substance abuse treatment, continuing to transform the mental health delivery system and the need for meaningful partnerships at all levels to achieve forward progress.

**10:30 – 10:45 Break**

**10:45 – 12:15 Concurrent Workshops: Session 1**

**1-A. ADSAC Assessor. Working with the Professional Client. Julio Rojas, Ph. D.** This workshop will provide insight into working with the impaired professional in the community.

**1-B. ADSAC Facilitator. Department of Mental Health and Substance Abuse Services update for ADSAC Facilitator. Ray Caesar, LPC, LADC, Patty Patterson and Linda Clark, ODMHSAS.** This panel will cover Oklahoma Administrative Code, Chapter 21 and related information governing ADSAC Facilitators and Schools.

**1-C. ~ Medicaid Behavioral Health Updates. Debbie Spaeth, LMFT, Oklahoma Healthcare Authority.**

This workshop will cover new changes this past year in Medicaid behavioral health, changes for the future, discussions on how these coincide with changes at ODMHSAS, and introducing information on the OEPIC program (insurance for those who do not qualify for Medicaid).

**1-D. ~ Disability Rights in Housing. Mary Dulan.** In this workshop, we will discuss what types of discrimination are prohibited under the Federal Fair Housing Act against persons with disabilities. We will then determine who qualifies as a person with a disability under the "Act," how persons recovering from substance abuse are protected under the "Act", and how to request a reasonable accommodation or reasonable modification under the Federal Fair Housing Act.

**1-E. ~ QPR Suicide Prevention. Phil Lowe, LPC, Mich Magness, MAG, and WyAngela Knight, MS. ODMHSAS.** In Oklahoma, suicide is the leading cause of death of young people between the ages of 10-24. Participants will learn about the problem of suicide in Oklahoma and about the state's current suicide prevention initiative. Participants will also be trained in the evidence based gatekeeper method (QPR – Question, Persuade and Refer), which includes learning how to recognize warning signs, ask the right questions, persuade a person to get help and properly refer for services.

- 1-F. ~ **Accessing Employment through Workforce.** Sidna Chamber, CDN. This workshop will discuss how Workforce services can benefit people with disabilities. Including a description of services offered, how services are accessed, and accommodations provided.
- 1-G. ~ **Recovery Support Specialists: Recovery for the Future.** Nancy Miller Donaldson, MA, CRSS. This workshop will discuss the past, present, and future of the peer support movement and how it contributes to the recovery of consumers.
- 1-H. ~ **Co-Occurring and Criminal Justice: Partnerships and Innovation.** Judge Peggy Hora. The co-occurrence of alcohol and other drugs with other mental health issues is undisputed. The domestic violence survivor is also a mother abusing drugs and her children. The man with schizophrenia gets arrested 40+ times and won't stay away from alcohol nor take his medications. We need to learn one another's vocabulary and institutional cultures since we share so many of the same "clients." This interactive workshop will explore how treatment and criminal justice currently interact and proposes innovative ways we can do better. Drug treatment courts and mental health courts show promise in addressing these issues.
- 1-I. **Huffing, Sniffing, Bagging: The Invisible Threat, Inhalants.** Isabel Burk, MS, CPP, CHES. (Credentialed Prevention Professional, Certified Health Education Specialist). The secret: kids as young as 7 use household products to get high. Twenty percent have tried inhalants—but even once can be fatal! Kids huff because it's cheap, legal, available, and unrecognized by adults. Learn about prevalence, inhalable products, methods and paraphernalia, signs/symptoms, short-and long-term effects, and adverse health consequences.
- 1-J. **Court Driven Adolescent Treatment: or Don't PO Your PO.** Gary Miller, JD and Bill Sharp, Ph.D. We will illustrate the advantages of Court Driven Treatment for Adolescents who are part of a treatment center's local community, versus parent/counselor/other referred adolescent clients who may or may not be a part of the local community. Nominal data will be offered as evidence, which may imply that this is a preferred model of treatment for adolescents.
- 1-K. **Who's Looking at My Data? The National Outcome Measures and You.** Mark Reynolds, Ed.D. and Tracy Leeper, MA. Presenters will walk through the National Outcomes Measures now required from every provider and submitted to the federal government, and present various performance improvement reports available to providers to monitor their own outcomes.
- 1-L. ~ **The Use of Life Story Documentation and Social Constructionist Techniques when Working with American Indian Persons Struggling with Alcohol Abuse.** Rockey Robbins, Ph.D. In this workshop we will discuss cultural relevance of using stories in therapy with American Indians and demonstrate the social constructionist technique of storying with witnesses. We will also discuss research regarding journaling and storying when working with various disorders and the research regarding having "witnesses" to hear our stories. We will demonstrate the use of storying in crisis writing.
- 1-M. **Institute: Alcohol Marketing: Does it Contribute to Underage Drinking Problems?** Jim Mosher, JD. Young people come of age in a social environment that promotes alcohol consumption as a key to interpersonal relationships and social success. Prevention groups, law enforcement, educators, youth groups, and community organizations are joining together in communities across the country in efforts to change this environment and promote healthy choices for young people. These efforts are frustrated by the sophisticated marketing campaigns of the alcohol industry that promotes the very social norms and environment that put young people at risk. This presentation will examine the key elements of a community's alcohol environment and the nature and impact of alcohol marketing on youth alcohol consumption and problems. It will conclude with policy strategies for reducing the impact of alcohol marketing and for promoting positive social change at the community, state, and federal level with a particular focus on the role of educators, public health agencies, community organizations and law enforcement agencies.

12:15 – 1:45     **Lunch on your own.**

1:45 – 3:15     **Concurrent Workshops: Session 2**

- 2-A. ~ **ADSAC Facilitator. Enhancing the Therapeutic Alliance through Interactive Journaling & Structured Writing as a Proven Change Strategy. The Change Company.** This workshop will provide facilitators with advanced skills in understanding and using the ADSAC journal.
- 2-B. **ADSAC Assessor. Department of Mental Health and Substance Abuse Services update for ADSAC Assessors. Ray Caesar, LPC, LADC, Linda Clark, MHR, LADC, and Patty Patterson, ODMHSAS.** This panel will cover Oklahoma Administrative Code, Chapter 22 and related issues that govern ADSAC Assessors.
- 2-C. **Deadly Triangle. Patrick Arbore, Ed.D.** The relationship between depression and suicide, between alcoholism and depression, and between alcoholism and suicide is direct. According to Osgood, studies indicate that the risk of completed suicides in alcoholics is 50 to 70 percent greater than in those in the general population. Studies of alcoholics reveal that between 30 and 60 percent suffer from depression, and a significant proportion of alcoholics have depressives in their family. Unfortunately, both depression and alcohol problems are very difficult to identify in older adults. We will discuss these factors among others as we explore factors that comprise “The Deadly Triangle”.
- 2-D.\* > **Ethics in the Mental Health and Substance Abuse Treatment Continuum: Issues for Clinicians and Cultural Competence in Behavioral Health Care. Part I. Jose Rivera, JD.** This workshop, in two parts, will examine practical problems experienced by working professionals in the mental health and substance abuse fields. This interactive workshop will be shaped by participants as they articulate their most difficult or pressing ethical problem. Problems to be discussed include: client manipulation of mental health screening; boundary issues when staff are also in recovery; balancing empowerment of people with mental health issues with agency liability and risk avoidance; the dilemma of therapy confessions; unique issues of GLBT clients; ethical burnout for staff and many other day-to-day issues faced by working professionals.
- 2-E. ~ **Creating Sustainable Housing: Using the Mixed Income Model to Achieve Community Reintegration. Gregory Shinn, LCSW.** The Mental Health Association in Tulsa has developed a continuum of affordable housing programs that help people with serious mental illnesses and co-occurring disorders reintegrate back into the community with a stigma free lifestyle. This workshop will provide attendees with strategies on how to develop, operate and sustain housing programs using the “mixed income model” which has a proven 80 percent success rate for housing formerly homeless persons with disabilities.
- 2-F. **Youth Substance Abuse Epidemic in the United States. April Naturale, MSW, LCSW, ACSW.** Youth substance abuse in the United States continues to rise and is noted to be a depressive symptom as well as a precursor to violence in many forms (e.g.: school shootings, suicide, etc.). This workshop will examine several case examples of depressed, and substance abusing youth who are involved in incidents of violence and how to begin screening for such troubled children.
- 2-G. ~ **SSI/SSDI Outreach, Access and Recovery (SOAR). Part I. Dawn Talton, CCM; CPRP, Bruce Smith, and Nancy Shaw.** This presentation will provide an introduction of Medicaid and Food Stamp programs and provide a general overview of the Medicaid and Food Stamp application process to help case managers actively and successfully assist individuals with a disability to improve access to state benefit programs.
- 2-H. ~ **Person Centered Recovery Planning: What are we REALLY Talking About? Janis Tondora, Psy.D.** This presentation will review one state’s efforts to implement and evaluate a model of person centered planning to support recovery and community inclusion among adults living with serious mental illnesses. The focus will be on “nuts and bolts” practical application and several tools and resources will be shared with participants.
- 2-I. ~ **Co-Occurring and Criminal Justice: Partnerships and Innovation. Repeat. Judge Peggy Hora.**
- 2-J. **The ABCs of Over-the-Counter Products/Herbals/Supplements. Isabel Burk. MS, CPP, CHES.** (Credentialed Prevention Professional, Certified Health Education Specialist) OTCs, herbals, supplements: aren’t they all the same? Sold on the same shelves, but very different! Compare and contrast the different categories of products and examine the risks and health

consequences, safety and legality. Effects, interactions and overdose issues will be discussed, and caveats for self-diagnosis and self-medication.

- 2-K. ~** **Illness Management and Recovery (IMR).** **Tim Gearhart, LSCW.** Illness Management and Recovery (IMR) is a SAMHSA evidence based practice. A manualized program utilizes psycho-educational techniques, cognitive behavioral strategies, and motivational techniques. This session will provide an overview of the IMR model including the research base, core values, general content and clinical techniques used in IMR.
- 2-L.** **Surviving Teamwork.** **Janiene E. Siegerist, LCSW.** This workshop deals with the stages of group development and the discussion and analysis of behavior commonly demonstrated among team members. The focus of the workshop is on understanding the individual's role in the team and techniques to enhance the effectiveness of the drug court program. The workshop includes group activities to support concepts presented.
- 2-M.** **Institute: Of Alcopops and Energy Drinks: New Alcohol Products that Target the Teenage Market. Part I.** **Jim Mosher, JD.** The new millennium has ushered in a disturbing trend in alcohol marketing – new beverages that cater particularly to the teenage palate. This two-part workshop will engage participants in a review of the marketing campaigns associated with these new products, their implications for public health, and the potential violations of state and federal law associated with their introduction. Part 1 will focus on the introduction of flavored malt beverages (or alcopops), the manner in which they are produced, and their popularity among teenagers, particularly young teenage girls. The role of Diageo, the largest distiller in the world and the producer of Smirnoff Ice, will be highlighted. The proper classification of alcopops as a distilled spirits or beer under Oklahoma and other state laws (and the implications of that classification) will also be discussed.

**3:15 – 3:30**      **Break**

**3:30 – 5:00**      **Concurrent Workshops: Session 3**

- 3-A.**      **ADSAC Assessor. NLP Pacing and Leading Skills. Part I.** **Thomas Nolan, Ph.D. and Sharon Fernandez, LADC.** Targeting the ADSAC assessment process with ADSAC participants who may be angry, resistant and untruthful in a legally mandated process.
- 3-B.**      **ADSAC Facilitator. Tools for the Tool Box. The Change Company.** Participants will learn multiple group facilitation strategies that employ motivational enhancement techniques.
- 3-C.**      **Working with People who are Suffering: How to Help our Clients and How to Help Ourselves.** **Patrick Arbore, Ed.D.**
- 3-D. ~**      **SSI/SSDI Outreach, Access and Recovery (SOAR). Part II.** **Dawn Talton, C CM; CPRP, Bruce Smith, and Nancy Shaw.**
- 3-E.**      **Who's Looking at My Data? The National Outcome Measures and You. Repeat.** **Mark Reynolds, Ed.D. and Tracy Leeper, MA, ODMHSAS.**
- 3-F.**      **Assessing Substance Abusing Youth and Those at Risk for Suicide.** **April Naturale, MSW, LCSW, ACSW.** This workshop will examine the highest suicide risk population in our country today by learning who this group is, their methods for attempting suicide, their risk variables, protective factors, preventive factors and sample models for assessment. Substance abuse and mental health evaluation screening will also be reviewed as tools to help identify substance users and those youth who may be suffering with a serious mental illness.
- 3-G. \* >**      **Ethics in the Mental Health and Substance Abuse Treatment Continuum: Issues for Clinicians and Cultural Competence in Behavioral Health Care. Part II.** **Jose Rivera, JD.**
- 3-H. ~**      **Person Centered Recovery Planning: What are We REALLY Talking About. Repeat.** **Janis Tondora, Psy.D.**
- 3-I.**      **Partnership Opportunities. Culture of Prison.** **Justin Jones, Oklahoma Department of Corrections.** This workshop will explore current and future possible collaborations and consensus building to address successful reentry efforts. The workshop will also explore current and past prison culture and the paradigm cultural shifting currently underway.
- 3-J.**      **Student Drug Testing News & Notes.** **Isabel Burk, MS, CPP, CHES.** (Credentialed Prevention Professional, Certified Health Education Specialist). Court rulings have paved the

- way for schools to consider random drug testing programs for students who participate in extra-curricular activities. This workshop will differentiate between random and “for suspicion” testing; provide information about drug testing techniques; and outline the process of adopting drug-testing policies and procedures. We will explore some of the benefits, liabilities and limitations of adopting a drug-testing program in the school setting.
- 3-K. ~ Motivational Interviewing for Illness Management and Recovery (IMR). Tim Gearhart, LCSW.** This session will provide an overview of motivational interviewing and application to Illness Management and Recovery. There will be opportunities for participants to practice some techniques during the presentation.
- 3-L. Using Ga-Du-Chi: Creating Collaborations Between Tribal and State Governments. Jane Goble Clark, MPA, CPS and Levi Keebler, LADC, ICPS.** The essence of Ga-du-gi, a Cherokee word with no English translation, involves working together to bring community change. Through the presentation and dialog with representatives from each government agency, professionals and community members will learn to operationalize the development of Tribal and State government collaborations.
- 3-M. Institute: Of Alcopops and Energy Drinks: New Alcohol Products that Target the Teenage Market. Part II. Jim Mosher, JD.** This workshop will focus on the most recent entry into the alcopops market: alcoholic energy drinks (AEDs). AEDs build on the popularity of nonalcoholic energy drinks among teenagers, using similar marketing and packaging strategies. The introduction of Sparks, the most popular AED will be used as a case study for how new products are designed and marketed. Research on the public health implications of combining stimulants and alcohol will be discussed. The workshop will conclude with a discussion of potential public health strategies for responding to the alcohol industry’s introduction of youth-oriented alcohol products based on the public health principles discussed in the morning workshop.

## Thursday, January 24, 2008

- 7:30 – 9:00 Registration and Continental Breakfast** (Please sign in each day)
- 9:00 – 10:30 Welcome. Caletta McPherson, Deputy Commissioner of Substance Abuse Services, ODMHSAS**
- > **Plenary Session: Cultural Competence in the Treatment of Mental Health and Substance Abuse for a Multi-ethnic, Pluralistic and Linguistically Diverse Population. Edwin Nichols, Ph.D.** In the field of mental health and substance abuse, all service recipients do not respond to one treatment approach. The culturally competent practitioner develops specific approaches to affect care coordination and treatment success.
- 10:30 – 10:45 Break**
- 10:45 – 12:15 Concurrent Workshops: Session 4**
- 4-A. ADSAC Assessor. NLP Pacing and Leading Skills. Part II. Thomas Nolan, Ph.D. and Sharon Fernandez, LADC.**
- 4-B. ADSAC Facilitator. Risk Management. Master Sergeant/Inspector Mark Wood, Oklahoma City Police Department.** Identifying and accurately assessing risk during the ADSAC course and identifying members of motorcycle criminal gangs.
- 4-C. Talkin Smack. SFC Rebecca McGary and SPC Gregory Brown.** This presentation is a portion of Talkin Smack; a presentation addressing the issues of meth addiction, new studies on how the drug affects the brain, and the effect on financial, social, and family issues. The Oklahoma Army National Guard Drug Demand Reduction Program implements a Counterdrug Task Force to promote drug-free youth programs and substance abuse prevention programs throughout the schools of Oklahoma.
- 4-D > Process Improvement – Providing Rapid Access to Services. Shoko Burton, LPC and Michaelle Statham, ODMHSAS.** Process Improvement is easy to explain, but difficult to put

- into practice, due to the everyday constraints of our jobs. This workshop seeks to give the attendees a concrete project to work with for their first attempt with process improvement. An added benefit is the proven effectiveness of streamlining processes and paperwork reduction. The result of this workshop will be savings in staff time, increased efficiency for the intake process, and ultimately the ability to get consumers into treatment and engage them sooner.
- 4-E. ~ **Section 8 Demystified: Clarifying the Process for Accessing Benefits Under the Housing Choice Voucher Program. Deborah Jenkins.** The workshop will provide an overview of the Section 8 Housing Choice Voucher Program and strategies service providers can use to help clients gain access to the program and successfully maintain benefits.
- 4-F. ~ **Criteria for Trauma Informed Care. Julie Young, MA, CBHCM, ODMHSAS.** This session will discuss the impact of trauma on our clients and the importance of incorporating trauma informed practices into our services. This session will also provide an overview of the standards for trauma informed care.
- 4-G. ~ **Assisting People Applying for Medicaid and Food Stamps. Dawn Talton, CM- D; CPRP and Sylva Dukes.** This presentation will provide an introduction of state run Medicaid and Food Stamp programs and provide a general overview of the Medicaid and Food Stamp application process to help case managers actively and successfully assist individuals with a disability to improve access to state benefit programs.
- 4-H. ~ **Drug Testing as a Support to Recovery. Helen Harberts, JD.** Drug testing is a critical component of any treatment and supervision program for substance abusers. Learn the “latest and greatest about techniques, technology, and the “how to beat a drug test” business. Fast paced and entertaining, this class will teach you about testing, how important it is as a support to building refusal skills and supporting recovery.
- 4-I. ~ **Recovery for Justice Involved for Individuals. David Wright, Ph.D., ODMHSAS, Bob Mann, RN, LCSW, Oklahoma Department of Corrections, and Randy May, LPC, ODMHSAS.** This workshop will include information on diversion programs, particularly drug courts and mental health courts. It will also focus on re-entry efforts from prison.
- 4-J. **Engaging Young People in Advanced Environmental Prevention Strategies to Prevent Underage Drinking. David Greco.** This workshop focuses on how engaging youth in environmental prevention strategies can greatly increase the effectiveness of underage drinking prevention campaigns. When we change the focus from blaming youth to addressing the role of adult providers and the community norms around underage drinking, and also highlight how youth are targeted by the alcohol industry, young people are not only much more willing to get involved, they become true leaders in community prevention efforts. We will highlight youth-led efforts to pass social host ordinances, to change community norms, and reduce the access to alcohol in their communities.
- 4-K. ~ **Listen, Protect, and Connect: Psychological First Aid After Disasters. Robin H. Gurwitsch, Ph.D.** Recently, there have been significant disasters that have affected the lives of children. Schools, communities, agencies, and other child-serving systems are developing plans to address the needs of this high-risk population in the aftermath of a crisis. Understanding common reactions and factors mediating outcome is essential to helping children cope. This workshop will discuss how children are affected by disasters and present a mental health triage model to determine appropriate care. A new model for psychological first aid to help children and families in the immediate aftermath of a disaster will be presented. How this model interfaces with other services will be discussed.
- 4-L. **Overview of TIP 42 – Substance Abuse treatment For Persons with Co-Occurring Disorders. Part I. Joe Yosten, LPC, LADC, Cindy Schultz, LPC, BCSA, Lance Dickison, LPC, NCC, and Amber Renteria-Hulme, CCM.** In this workshop, we will discuss the overview of Co-Occurring Disorders Treatment and Program Development. We will also discuss the COD definitions.
- 4-M. ~ > **Lighting Your Candle and Fanning Its Flame. Ronald Willis, Ed.D.** This workshop will show you how taking good care of ourselves so we have the energy to take care of others. Mr. Willis targets those who grow weary in love's service to others. Mental and medical health providers, educators, corporate leaders, and parents have been inspired by this uplifting message

of service to others. After this workshop, you will be able to appreciate the importance of reflection and seeing life as it should be instead of how it is.

**12:15 – 1:45 Luncheon. Plenary: Hiram E. Fitzgerald, Ph.D.**

**1:45: - 3:15 Concurrent Workshops: Session 5**

- 5-A. ADSAC Assessor. ASAM Training: American Society of Addiction Training. James Patterson, ICADC.** This workshop will provide an introduction and overview to ASAM.
- 5-B. ADSAC Facilitator. Information from the field. Part I. Panel of ADSAC Providers.** This panel will be useful for new and seasoned ADSAC Facilitators and serve as a forum to ask questions and provide insights to other Facilitators.
- 5-C. ~ Children’s Program Kit: Help, Hope and Healing for Children from Addicted Families. Jerry Moe, MA, MAC, CET II.** Come find out about the Children’s Program Kit, supportive education for children of addicted parents. This excellent resource was developed by the Substance Abuse and Mental Health Services Administration (SAMHSA). Learn how to make a difference in a confused and hurting child’s life.
- 5-D. > Learning to Lead from the Middle of the Pack. Ronald Willis, Ed.D.** This workshop will show you the nuts and bolts of the "how-to's" of leadership from the middle of the pack and influencing staff to eagerly follow.
- 5-E. ~ The Diverse Culture of Homelessness. Glenda S. Russell, MHR.** Provide social service workers with the knowledge needed to treat the cultural diversity inherent in homelessness with sensitivity, respect, and “agape”.
- 5-F. ~ > Managing Individuals’ Culture in Creating Sanctuary. Josette V. Banks, Ph.D.** The Sanctuary model—a systematic, trauma-informed, organizational and treatment framework— is being implemented at several mental health and substance abuse treatment agencies throughout Oklahoma. Participants in this workshop will explore the complex ways in which individual client and staff members’ culture (including race, ethnicity, age, gender, sexual identity/orientation, religion, etc) can interact with trauma, treatment and organizational culture to either enhance or impede creating a safe healing environment. This workshop will focus on identifying, articulating and managing our rich diversity of culture to improve treatment, the cohesiveness and collaboration of treatment teams and work environments in order to fully create sanctuary in our treatment agencies.
- 5-G. ~ Employment and Recovery. James L. Humes, Ph.D.** Supported Employment has been demonstrated to be an evidence-based practice in the recovery of people with significant psychiatric disabilities. This interactive workshop will begin with the concept of work as a treatment strategy. Activities will be targeted to draw out participants to discuss all aspects of work and their belief systems. Basic concepts of supported employment will be presented.
- 5-H. Post Acute Withdraw (PAW). Part I. Cardwell C. Nuckols, Ph.D.** Most often misunderstood, PAW occurs in random cycles throughout any normal recovery. It is commonly misdiagnosed as any number of mental and emotional disorders.
- 5-I. COD Capability, Orientation and Program Capability. Todd Crawford, LPC, LADC and L.D. Barney, LADC, ODMHSAS.** This workshop will discuss developing methodology to measure program ability to provide COD Capable Services.
- 5-J. Engaging Young People in Advanced Environmental Prevention Strategies to Prevent Underage Drinking. Part II. David Greco.**
- 5-K. Youth: The Essential Component in Prevention. Dana Blackwell.** When trained effectively, youth make a dynamic impact on the prevention of harmful decisions among their peers. Following the Standards and Ethics of Effective Peer Programs set by the National Association of Peer Programs, schools and community organizations will find direction for establishing and safely operating a student peer program. Discussion will also include a variety of service learning opportunities for trained peer leadership groups, components needed for sustaining and building a program, suggested training components, and more.

**5-L. TIP 42-COD Treatment Improvement Protocol. Part II. Joe Yosten, LPC, LADC, Cindy Schultz, Lance Dickison, LPC NCC, and Amber Renteria-Hulme, CCM.** In this workshop, we will talk about successful programming, guiding principles, and core components. We will also discuss successful implementation and improving substance abuse treatment programs for clients with COD.

**5-M. ~ Cultural Considerations in Effective Treatment. Edwin J. Nichols, Ph.D.** The culturally competent practitioner develops specific approaches to affect care coordination and treatment success. This interactive workshop will briefly explore research-based approaches, and will facilitate participant discussion related to current practices and potential for increased effectiveness.

**3:15 – 3:30 Break**

**3:30 – 5:00 Concurrent Workshops: Session 6**

**6-A. ADSAC Assessor. Information from the Field. Part II. Panel of ADSAC Providers.**

**6-B. ADSAC Facilitator. Information from the Field. Part I. Panel of ADSAC Providers.** This panel will be useful for new and seasoned ADSAC Facilitators and serve as a forum to ask questions and provide insights to other facilitators. (Part II will be held on Friday.)

**6-C. Drug Testing as a Support to Recovery. Repeat. Helen Harberts, JD.**

**6-D. > Clinical Supervision. Building Counselors Skills through Teaching and Mentoring. Wynema Ra, Executive Director NADTC, Janie Hogue, Executive Director VADTC, Trudy Hoffman, Executive Director, NCBH.** This presentation will focus on introducing clinical supervisors to concepts and resources designed to increase proficiency in teaching and mentoring counselor development; shaping agency culture, addressing multicultural issues in supervision; and the role of clinical supervision in the successful implementation of evidence-based practices.

**6-E. ~ Oxford House. Ray Caesar, LPC, LADC and Panel.** This presentation will define Oxford House and its purpose, the effectiveness of them, and how to start one. We will discuss the research conducted by DePaul University on the success rate of Oxford House.

**6-F. ~ Managing Individuals' Culture in Creating Sanctuary. Repeat. Josette V. Banks, Ph.D.**

**6-G. ~ Employment and Recovery. Repeat. James L. Humes, Ph.D.**

**6-H. Post Acute Withdraw (PAW). Part II. Cardwell C. Nuckols, Ph.D.**

**6-I. ~ Coordination of Mental Health and Substance Abuse Services for Veterans Across the State. Maj. (Retired) Edward Pulido, U.S. Army Reserves and Vice President, Community Investment and Research, United Way of Central Oklahoma.** Mr. Pulido is spearheading a non-partisan effort across the state of Oklahoma to coordinate mental health and substance abuse services for veterans, to reach out to veterans and their families to educate them about PTSD, suicide prevention and other combat-related mental health and substance abuse issues, and to establish a network of peer support for veterans and their families. He is working with Governor Brad Henry, other elected officials, and military and community leaders to prepare Oklahoma for the deployments of the 45th Infantry and Artillery Brigades to Iraq. He tells his story of survival and recovery from debilitating physical and mental injuries.

**6-J. The Potential of Geographic Information Systems (GIS) to Facilitate Data-Driven Prevention. Barbara Seitz de Martinez, Ph.D.** This presentation on data-driven prevention will illustrate the role of technology in advancing prevention practices, in particular, the reduction of alcohol, tobacco, and other drug use. After describing the theoretical bases for environmental approaches to prevention, the participants will experience how GIS software and local data can be used for needs assessment, to identify hot spots and for the evaluation of progress. You will discover the ways the mapping process serves to inform both prevention program workers and the community.

**6-K. What's on the Radar? Drug Enforcement Administration. James Brown, B.S., Special Agent/Demand Reduction Coordinator.** This presentation will discuss drug trends in Oklahoma and internet drug trafficking in the U.S.

- 6-L. **TIP 42-COD Treatment Improvement Protocol. Part III. Joe Yosten, LPC, LADC, Cindy Schultz, Lance Dickison, and Amber Renteria-Hulme, CCM.** This workshop will cover traditional settings and models. We will discuss outpatient substance abuse treatment programs for clients with COD.
- 6-M. ~ **Certified Behavioral Health Case Managers. Sherris Ososanya, LPC and Kelli Epps, LADC.** In this workshop we will discuss the significant rule revisions related to Certified Behavioral Health Case Managers that affect both mental health and substance abuse case managers. Included will be: How to access the web-based application, information on the web-based trainings, changes in CEUs and other significant rule changes.
- 5:30 - 7:30 **Substance Abuse Recovery Division Provider Meeting:** We are asking that a representative from each of our provider agencies please join us for an informational meeting. This meeting will highlight the contract, site visit process and TA (Technical Assistance) procedures; as well as allow an opportunity for questions and answers.

## Friday, January 25, 2008

8:00 – 9:00     **Registration and Continental Breakfast** (Please sign in each day)

9:00 – 10:30   **Concurrent Workshops: Session 7**

- 7-A.     **ADSAC Assessor. Information from the field. Part II. Panel of ADSAC Providers.**
- 7-B.     **ADSAC Facilitator. NLP Pacing and Leading Skills. Part I. Thomas Nolan, Ph.D. and Sharon Fernandez, LADC.** Targeting the ADSAC course process with DUI clients who may be angry, resistant, and untruthful in a legally mandated process.
- 7-C. ~   **Through a Child’s Eyes. Jerry Moe, MA, MAC, CET II.** Kids have a unique perspective in viewing the world. Come learn about how children see addiction in their families. More importantly, witness how they embrace the healing process.
- 7-D. ~   **Bridges Out of Poverty: An Overview. Colleen Ayres-Griffin, LPC, LADC.** This workshop will present a mental model of poverty as a framework for exploring diversity among economic classes. Contributing factors of poverty will be considered and the concept of the “hidden rules” of class will be introduced.
- 7-E.     **Straight from Your Mouth. Process Improvement as Told by ODMHSAS Providers. STAR- SI providers. James Patterson, ICADC, Julie Tobin, LADC, George Williams, CATALYST Behavioral Services, Victor Price, LADC, Joseph Dismuke, Gwen Lewis, CADC, and Amy Murphy, Certified Case Manager, CARE for Change.** Several providers will share their stories of process improvement and lessons learned from the unique front line perspective of a provider.
- 7-F. ~   **Co-Occurring HIV Care at OUHSC. A One-Stop Shop. Jessica McKennon, LPC, Amy Schrimsher, MSW, and Bob Settles, LCSW.** This workshop will explore the high rate of co-morbidity with HIV in Mental Health and Substance Abuse issues and provide a description of programs available at the University of Oklahoma Health Sciences Center designed to address co-occurring care.
- 7-G. ~   **Wellbriety: Recovery Movement among Native Americans. Don Coyhis.** In this workshop, we will discuss the programs, trainings, and resources developed by White Bison based upon principles, values, and laws found in the Teachings of the Native American Elders and the principles and values of the 12 Step program.
- 7-H. ~   **S.M.A.R.T. Treatment Planning. Janis Reese, LADC and Carolyn Simpson, MA, LPC.** This training will assist clinicians in identifying the differences between program-driven and individualized treatment planning processes; gain a familiarization with the process of treatment planning including considerations in writing and prioritizing problem and goal statements and developing specific, measurable, attainable, realistic, and time-limited (S.M.A.R.T.) objectives and interventions.
- 7-I. ~   **Next Steps for Integration. Kenneth Minkoff, M.D. and Christie A. Cline, M.D., MBA.** ODMHSAS has organized a statewide integrated services initiative in which every program has

- started a welcoming, recovery oriented co-occurring capable program, and every clinician has begun to acquire core competency to more effectively address the needs of the individuals and families with co-occurring disorders that are in their caseloads. The purpose of this presentation is to use the occasion of this integrated conference to take this process to the next level.
- 7-J. **Underage Drinking. Prevention through Policy Change. Sandra Naifeh, Mayor of Edmond from 2001 to 2005.** This presentation will be an overview of the City of Edmond's Social Host Ordinance. The organization and steps for public support and the implementation and enforcement will be discussed. We will discuss the philosophy shift from acceptance of underage drinking to awareness of society problems and its costs.
- 7-K. **Developing a Student Assistance Program for Your School. Shelli Selby, LPC.** Student Assistance is a program designed to identify and help at risk students in your school. Learn how to form a core team and the working mechanics of a SAP for your school. Become proactive rather than reactive.
- 7-L. ~ **Voice Lessons: How to be an effective advocate. Melody Riefer, MA, CRSS.** Advocacy is a learned skill. Most of us fall into being advocates at the point of need, without proper time or energy to acquire a new skill set. This workshop will explore what skills are valuable for advocates to possess and how to develop those skills. We will look at avenues for advocacy, as well as various roles that advocates can fill. All current and potential advocates are invited to attend whether a professional or volunteer, an advocate for others or self-advocate. Plan to learn to use your voice!
- 7-M. \* > **Assessing Competency to Consent to Treatment: A Primer of Ethical Practice. Michael Basso, Ph.D. and Dennis Combs, Ph.D.** Informed consent is a critical issue in therapy research, but some consumers have disorders which make it difficult or impossible for them to make a competent decision. This presentation will describe current models of informed consent capacity, and potential methods to remediate decisional incapacity.

10:30 – 11:00 **Break**

11:00 – 12:30 **Concurrent Workshops: Session 8**

- 8-A. **ADSAC Assessor. Risk Management. Identifying and Accurately Assessing Risk During the ADSAC Process and Identifying members of Criminal Motorcycle Gangs. Master Sergeant/Inspector Mark Wood, CLEET, Oklahoma City Police Department, Criminal Intelligence Unit.** In this workshop, we will discuss the history and trends of outlaw motorcycle gangs in Oklahoma. We will also talk about how to recognize gang activity and protect you from it in personal and professional settings.
- 8-B. **ADSAC Facilitator. NLP Pacing and Leading Skills. Part II. Thomas Nolan, Ph.D. and Sharon Fernandez, LADC.**
- 8-C. ~ **Finding Services for Older Oklahomans. Mich Magness, MAG and Lanell Daniel, LCSW.** The general population of Oklahoma and the nation is aging. People are living longer, including people in recovery with a serious mental illness. The Older Americans Act of 1965 established a set of services that all Older Americans are entitled to receive. Learn how to access these services from the aging network.
- 8-D. **Strings Attached: Effective Grants Management. Sheila Tillery, MHR.** This workshop will provide an overview of the grants management process and why effective end-to-end grants management, both financially and programmatically, is crucial to your program's success.
- 8-E. ~ **Oklahoma Work Incentives Planning and Assistance. Jill Burgess, BA.** A basic presentation on the Social Security Work Incentives available for SSDI and SSI beneficiaries.
- 8-F. **Problem Gambling in Oklahoma "Fact or Fiction". Michael Smith, Ph.D., LPC, LMFT.** This 90-minute program will provide an overview of the differences and similarities between problem/compulsive gambling and drug/alcohol addiction. We will also discuss recent research discussing the growth of problem gambling nationally and the plans and programs to address problem gambling.
- 8-G. ~ **Wellbriety: Recovery Movement among Native Americans. Repeat. Don Coyhis.**

- 8-H. ~ **Co-Occurring HIV Care at OUHSC. A One-Stop Shop. Repeat.** Jessica McKennon, LPC, Amy Schrimsher, MSW and Bob Settles, LCSW.
- 8-I. ~ **Next Steps for Integration. Repeat.** Ken Minkoff, M.D. and Christie A. Cline, M.D., MBA.
- 8-J. **The Roots of American Indian Health and Current Trends.** Dan Cameron, Ph.D. This workshop will provide the historical development of American Indian and Alaska Native (AI/AN) health systems. The factors affecting health status and unique characteristics of Federal and tribal sovereignty that impact health service delivery in the last 15 years. A summary of current trends for Indian health status will be presented. Time will be provided for questions and general discussion.
- 8-K. **Drug Impairment Training for Educational Professionals EDRT.** Major Jim Maisano. Training gives school administrators, counselors and nurses a systematic approach to recognizing and evaluating students who are abusing and impaired by drugs. The training also shows school personnel how to provide early intervention once students have been evaluated. The International Association of Chiefs of Police and the National Highway Safety Administration developed it. DITEP will not certify participants to be drug recognition experts, but it will help educators evaluate and document students suspected of drug use at school and help assist them in developing an appropriate response.
- 8-L. ~ **Shared Decision-making in Medication Management.** Melody Riefer, MA, CRSS. Shared decision-making is an emerging best practice in general healthcare and has experienced a significant rise in interest in mental healthcare in the last 18 months. We will learn about the origins of shared decision-making, ways to leverage benefit from lessons learned in general healthcare, and identify the application of current and develop technology in mental health services. We will specifically explore the use of shared decision-making and its contribution toward making prescribing practices for psychiatric medications more recovery oriented.
- 8-M.\* > **Ethical Principles, Codes of Conduct, and Professional Standards: What, Where, and Why?** Arlene B. Schaefer, Ph.D. This workshop will address various ethical principles, codes of conduct, guidelines, and standards, which are pertinent to mental health practice. Distinctions will be made among the levels of compliance expected from mental health professionals, ranging from aspirations for best practice to legally mandated behavior. We will also discuss how these different principles and rules enhance an individuals practice and manage risk exposure.

12:30 – 2:30

**Lunch**

**Welcome back/Thank you. Carrie Slatton-Hodges,  
Deputy Commissioner for Mental Health Services, ODMHSAS  
Awards Ceremony. Jerry Moe  
Deputy Commissioners, ODMHSAS**

**Plenary: Got Magic? Brad Barton.** Get ready for a magical experience charged with high energy and a powerful message for substance abuse and mental health professionals. Barton shows how the same techniques magicians use on stage can disguise dangerous illusions in the real world. Whether changing lives, serving your community, or building a rewarding personal life, you already possess all the magic you will need to increase your bright and successful future.

- \* **Ethics**
- > **Supervisory**
- ~ **Strengths Based for Case Management**

## **Continuing Education**

The Oklahoma Department of Mental Health and Substance Abuse Services, Institute for Mental Health and Substance Abuse Education and Training, is accredited by the Oklahoma State Medical Association (OSMA) Council of Medical Education to sponsor continuing medical education for physicians. The Institute has approved 16 credit hours in Category 1 of the Physician's Recognition Award of the American Medical Association for this medical education activity. The Institute has approved 16 credit hours for social workers, alcohol and drug counselors, certified prevention specialists, psychologists, licensed professional counselors, licensed marital and family therapists, and licensed behavioral practitioners attending the 20th Annual Substance Abuse and 18<sup>th</sup> Annual Best Practice Partnership Conference. CLEET certification has been approved for the full sixteen hours. Please indicate on the registration form the type of CEU credit required.

**Partnerships to Facilitate Prevention and Recovery:  
Transformation Where It Counts!  
Registration for January 23-25, 2008**

Print out and complete the form below and mail it to:  
Seminar Coordinator, Human Resource Development Division  
Institute for Mental Health and Substance Abuse Education and Training  
2401 N.W. 23rd Street, Suite 82  
Oklahoma City, OK 73107  
By Fax: Faxed registrations are accepted at 405-522-8320.

*All* registrations received after **January 16, 2008**, will be charged the late fee.

Name \_\_\_\_\_

Unique Number or home phone # \_\_\_\_\_

Occupation or Job Title \_\_\_\_\_

Place of Employment \_\_\_\_\_

Address \_\_\_\_\_

City, State, ZIP \_\_\_\_\_

Daytime Phone \_\_\_\_\_

E-Mail Address \_\_\_\_\_

CHECK ALL THAT APPLY	Registration fees on or before Jan. 16, 2008	Late Fees
___ Jan. 23 only	\$75.00	\$125.00
___ Jan. 24 only	75.00	125.00
___ Jan. 23 & 24	150.00	250.00
___ Jan. 24 & 25	150.00	250.00
___ Jan. 23-25	225.00	375.00

Registration Total Due:                      \$ \_\_\_\_\_                      \$ \_\_\_\_\_

*Check All That Apply:*

- Check or money order enclosed, payable to ODMHSAS
- Paying with purchase order
- Will pay on-site or am registering after January 16, 2008
- Credit Card: Type of Card (circle one)    Visa        MasterCard

Card Number: \_\_\_\_\_                      Expiration date: \_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_

Authorization Signature: \_\_\_\_\_

Require special accommodations as follows:  
\_\_\_\_\_

*Please Circle Your Workshop Preferences:*

1-A	1-B	1-C	1-D	1-E	1-F	1-G	1-H	1-I	1-J	1-K	1-L	1-M
2-A	2-B	2-C	2-D	2-E	2-F	2-G	2-H	2-I	2-J	2-K	2-L	2-M
3-A	3-B	3-C	3-D	3-E	3-F	3-G	3-H	3-I	3-J	3-K	3-L	3-M
4-A	4-B	4-C	4-D	4-E	4-F	4-G	4-H	4-I	4-J	4-K	4-L	4-M
5-A	5-B	5-C	5-D	5-E	5-F	5-G	5-H	5-I	5-J	5-K	5-L	5-M
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7-A	7-B	7-C	7-D	7-E	7-F	7-G	7-H	7-I	7-J	7-K	7-L	7-M
8-A	8-B	8-C	8-D	8-E	8-F	8-G	8-H	8-I	8-J	8-K	8-L	8-M

Check below if you plan to attend all three sessions of the Institute:

\_\_\_ Institute: Wednesday, January 23, 2008. Jim Mosher, JD. PIRE (1-M, 2-M, 3-M)

*Continuing Education Credit Requested:*

CME                     LPC  
 LSW                     Case Management Certification  
 Psychologist         CADC  
 LCSW                   LMFT  
 CLEET                 Other \_\_\_\_\_  
 CPS

Please check in at the registration desk upon your arrival to verify your attendance. You will need to complete an on-site registration form if you have not pre-registered. On-site registration is \$375 (or \$125 per day). Continuing education credit is not provided without verification. At the completion of the conference, all participants will receive a certificate of attendance from the ODMHSAS Institute for Mental Health and Substance Abuse Education and Training.

For more information, call Human Resource Development at 405-522-8300.



United States Department of Health and Human Services  
**Substance Abuse & Mental Health Services Administration**  
*"A Life in the Community For Everyone"*