

Career Development Planning

Subject

Language Arts

Concept

Self-Evaluation

Grade Level

4 - 5

National Career Guidelines

Competency XII

Awareness of the Career Planning Process

Type of Activity

Individual with Whole Class Discussion

Related Occupations

Career Counselor

This activity will help students understand the need for planning and evaluating their interests and achievements. By completing the "Career Development Record" for future use, the students will be able to refer back to the written record and therefore, remain focused in their career planning.

MATERIALS/SUPPLIES

"Career Development Record" worksheet, pen/pencil

ACTIVITY

- Discuss with students the importance of an *individual career development plan*.

Have students discuss the need for the evaluation of personal interests and achievements.

Discuss with students the need to record their interests and achievements at the elementary grade level and how they can use this information at middle school.

Help students list their interests and abilities.

You may want to list several examples on the board.

Ask which of these careers and interests involve science. Propose to the students that they all do.

Discuss the importance of science in several of the careers and interests.

Distribute the "Career Development Record" worksheets.

Discuss any questions the students may have concerning the worksheets.

Have students complete the "Career Development Record" worksheets.

Collect the completed "Career Development Record" worksheets and place them in the student record folders to be sent to the middle school. (Students will use this information at the middle school.)

EVALUATION

Evaluate students on their completed "Career Development Record" worksheets.

Career Development Record

Student's Name _____

Grade _____ Date _____

School Subject of Highest Interest _____

School Subject of Lowest Interest _____

Prefer to do activities which are:

Outside _____ Inside _____ Both

Usually prefer activities that are:

Very Physically Active Average Physically Active

Low Physically Active Sedentary

List Your Achievements:

List Your Hobbies/Interests:

What occupation do you think you would be good at doing? _____

Why? _____

May be photocopied for student use.