

What Do You Do?

Subject

Language Arts

Concept

Self-evaluation

Grade Level

6 - 7

National Career Guidelines

Competency X

Knowledge of the interrelationship of life roles

Type of Activity

Individual

Related Occupations

Reporter
Newspaper
Lifestyle
Section Editor
Recreation
Director

This activity involves the students interviewing adults about lifestyles and life roles.

Materials/Supplies

"Lifestyle Interview Summary" handout, paper, pen/pencil

Activity

- Distribute the "Lifestyle Interview Summary."

Lead a class discussion on lifestyles and life roles.

- Have the students describe the type of lifestyles they would like to have when they become independent.
- Ask them to describe the type of life roles they see themselves playing in the next 20 years. Examples might include: worker, mother, father, etc.

Have the students use the "Lifestyle Interview Summary" and interview at least three adults about their life roles and lifestyle.

- Ask the students to write a summary of the findings of their interviews. What did they find that they were not expecting? What did they find out that may have some influence on their future decisions? How did earnings affect leisure time?

Evaluation

Students will have interviewed 3 adults on their life roles and their lifestyles to become more informed about the interrelationship of life roles and for future career planning.

Lifestyle Interview Summary

Name _____

Instructions: Complete the following for each of your three subjects.

How would you classify your lifestyle? _____

What are your life roles? _____

What have been some of the high points in your life? _____

What have been some of the low points in your life? _____

How much leisure time do you have each week? _____

Is this enough time for you? _____

If not, how could you increase the amount of time? _____

Would you like to change your lifestyle? _____

How? _____

Why? _____

May be photocopied for student use.