

First Aid/CPR

State Contest Information

DATE, TIME and LOCATION

Contestant orientation will be on Sunday, April 27th, at 6:00 p.m. in **Promenade B** of the Hyatt Hotel, Tulsa.

The performance part of the contest will be held on Monday, April 28th, at 8:30 a.m. in the Tulsa Convention Center Exhibit Halls.

ELIGIBILITY:

Open to all active SkillsUSA student members.

EQUIPMENT AND MATERIALS:

1. Supplied by the technical committee:

- a. All information needed to react to scenarios
- b. Supplies commonly found in the situation(s) described

2. Supplied by the contestant:

- a. Approved certifications in CPR/AED and First Aid from any of the following organizations the American Red Cross, American Heart Association, American Health and Safety Institute or the National Safety Council. Contestants must show an approved CPR/AED and First Aid certification at check-in. Contestants without the proper certification will not be allowed to compete.
- b. Competitors may bring their own face mask.
- c. All competitors must create a one-page résumé using a word processor and submit the résumé at check-in. There will be no scoring of the resumes, but there will be a penalty of 5% if any contestant fails to submit a resume by check-in.

OBSERVER RULE:

Observers will be allowed to view the scenarios as the contestants participate, provided there is space available. Talking or gesturing by the observers may result in disqualification of the contestant.

SCOPE OF THE CONTEST:

The contest assesses the ability to perform skills related to the industry standards for a first responder or medical personnel in CPR and First Aid.

Knowledge Performance

There will be one written knowledge test. Maximum points for the written knowledge test will be 50 points.

Skill Performance

All skills demonstrated will be based on nationally accepted standards as identified by the American Red Cross, American Heart Association, National Safety Council and American Safety and Health Institute.

Contest Guidelines

1. Contestants will be called by random for participation in each event.
2. Each contestant must work independently without assistance from instructors, other contestants or observers.
3. The judging criteria and points assigned will be determined by the difficulty of the tasks assigned.
4. No observers or advisors will talk or gesture to contestants during the contest. Judges will disqualify contestants who accept assistance from observers.

CPR-First Aid Contest Scoring:

The scoring for the competition will be comprised of three parts.

1. A written examination over basic SkillsUSA knowledge.
2. A written examination assessing knowledge over First-Aid and CPR.
Total Points possible 40
3. First-Aid CPR Competition
This is a two (2) section performance test comprised of responding to an individual with no pulse and not breathing and a conscience choking infant.
Total Points possible 165
4. **Total points possible 205**

AWARDS CEREMONY

Contest winners will be recognized during the Awards Assembly at 9:00 a.m. on Tuesday, April 29th in the Arena at the Tulsa Convention. Official SkillsUSA attire is required. According to the SkillsUSA Championships Technical Standards - official clothing requirements are as follows: "*For men:* SkillsUSA official attire: Official red blazer or jacket, black trousers, white dress shirt, plain black tie with no pattern or official SkillsUSA tie, black socks and black shoes. *For women:* Official red blazer or jacket, black dress slacks or skirt, with businesslike white, collarless blouse or white blouse with small, plain collar that may not extend onto the lapels of the blazer, black sheer or skin-tone hose and black dress shoes." Any contest winner who is not in official SkillsUSA attire will not be permitted on stage. The student will be escorted behind the stage to receive his or her medallion and awards. The awards ceremony is the "**Showplace**" of our state conference, and many industry guests and VIP's are invited to present medallions and honor our students.

Should additional information be needed, please e-mail H.L. Baird at h.l.baird@careertech.ok.gov .