

Using Ladders

- Keep ladders free of oil, grease, and other slipping hazards.
- Do not load ladders beyond their maximum intended load or the manufacturer's rated capacity.
- Use ladders only for their intended purpose.
- Use ladders only on stable and level surfaces. Do not use ladders on slippery surfaces unless the ladder is equipped with slip-resistant feet.
- Secure ladders placed in areas near doorways, driveways, walkways or other locations near activity or traffic.
- Keep areas clear around the top and bottom of ladders.
- Do not move, shift, or extend ladders while using them.
- Face the ladder when moving up or down.
- Hold onto the ladder when climbing.
- Do not carry objects or loads that could cause you to lose your balance and fall.

