

CURRICULUM AND STANDARDS CROSSWALK

CIMC Curriculum: FACS II

UNIT 1 — Understanding Textiles	
Objective	National FACS Standards
1. Identify characteristics of natural fibers.	16.2.1 16.2.2 16.4.2
2. Identify characteristics of synthetic fibers.	16.2.1 16.2.2
3. Identify characteristics of specialty performance fabrics.	16.2.2 16.2.4 16.4.3
4. Determine care required for clothing items.	16.2.5 16.4.3
5. Describe methods of fabric construction	16.4.1 16.4.2 16.4.5
6. Distinguish between knit and woven fabrics	16.2.2 16.4.2

UNIT 2 — Creating and Maintaining a Wardrobe	
Objective	National FACS Standards
1. Identify statements describing basic wardrobe garments.	2.1.2 16.5.5
2. Select indicators of the quality of clothing construction.	16.5.5
3. Complete sentences about accessorizing outfits.	16.5.5
4. Select classic clothing styles.	16.5.5
5. Select accessories that complement an outfit.	16.5.5
6. Determine price per wearing of clothing items.	16.5.4
7. Complete sentences about making emergency repairs.	16.4.1
8. Sew on a flat button.	2.1.4
9. Complete a sewing project to include several criteria.	16.4.1 16.4.5
10. Identify care information found on fabric bolts.	16.2.3

UNIT 3 — Eating Smart	
Objective	National FACS Standards
1. Match common nutrients with their functions and food sources	14.2.1
2. Select reasons for following dietary guidelines.	14.3.1
3. Identify results of poor nutrition upon health.	14.2.1
4. Identify information concerning requirements for total calorie intake.	9.3.1
5. Estimate your average daily calorie intake and expenditure.	9.3.2
6. Plan a day's menu based on the food pyramid and your calorie need.	9.3.1 9.3.2 9.4.1 9.4.4 9.6.1 14.3.1
7. Select practices to follow when eating out.	9.3.6
8. Select meals from restaurant menus.	8.4.2 14.3.1

UNIT 4 — Fruits, Vegetables, and Salads	
Objective	National FACS Standards
1. Identify sources of the principle nutrients in fruits and vegetables.	
2. Identify factors to consider when selecting fruits and vegetables.	8.6.1
3. Identify guidelines to follow when preparing fruit.	8.3.1 8.3.3 8.3.5 8.5.1 8.5.2 8.5.3 8.5.4 8.5.7 9.5.6 9.6.3 14.3.3
4. Determine how to prepare vegetables.	8.5.7
5. Match types of salads to their descriptions.	8.5.8
6. Identify factors to consider when preparing salads.	8.3.1 8.3.3 8.3.5 8.5.1 8.5.2 8.5.3 8.5.4 8.5.8 9.5.6 9.6.3 14.3.3
7. Evaluate a fruit or vegetable recipe.	
8. Prepare a fruit or vegetable recipe.	8.5.7

UNIT 5 — Yeast Breads	
Objective	National FACS Standards
1. Identify nutrients in yeast breads.	
2. Match functions of ingredients in yeast breads to their descriptions.	
3. Identify requirements for preparing quality yeast breads.	
4. Identify yeast bread standards, unsatisfactory characteristics, and their causes.	
5. Prepare a yeast bread loaf or dinner rolls.	8.3.1 8.3.3 8.3.5 8.5.1 8.5.2 8.5.3 8.5.4 8.5.10 14.3.3
6. Prepare a variety of yeast bread products	8.3.1 8.3.3 8.3.5 8.5.1 8.5.2 8.5.3 8.5.4 8.5.10 14.3.3

UNIT 6 — Pastries	
Objective	National FACS Standards
1. Match tools used in making pastry to their uses.	8.3.6
2. Match ingredients used in making plain pastry dough to their functions.	
3. Identify nutrients contained in pastry dough.	
4. Identify pastry standards, undesirable characteristics, and their causes.	
5. Prepare a pie crust.	8.3.1 8.3.3 8.3.5 8.5.1 8.5.2 8.5.3 8.5.4 8.5.10 9.5.6 14.3.3
6. Evaluate a pastry product. (Assignment Sheet)	9.5.6 9.6.3
7. Prepare a variety pastry product.	8.3.1 8.3.3 8.3.5 8.5.1 8.5.2 8.5.3 8.5.4 8.5.10 14.3.3

UNIT 7 — Proteins	
Objective	National FACS Standards
1. Match types of meats to their descriptions.	
2. Identify the principle nutrients contained in proteins.	
3. Identify factors to consider in the purchase of proteins.	
4. Identify proper storage of protein guidelines.	
5. Match common meat cooking methods to their descriptions.	
6. Identify rules to remember in cooking meats.	
7. Identify non-meat protein sources.	
8. Prepare a protein dish.	8.3.1 8.3.3 8.3.5 8.5.1 8.5.2 8.5.3 8.5.4 8.5.5 9.2.6 9.5.6

UNIT 8 — Understanding and Caring for Preschoolers	
Objective	National FACS Standards
1. Identify reasons to study child development.	
2. Match areas of child development to their descriptions.	12.1.2
3. Apply principles of child development to age-appropriate characteristics.	4.2.1
4. Identify developmental tasks of preschool-age children.	4.5.1
5. Identify criteria used to evaluate children's school readiness.	4.2.4
6. Identify techniques for working with preschool-age children.	4.3.2 4.3.4
7. Identify developmental characteristics of children who live with special challenges.	4.2.4 4.5.5
8. Recognize preschool learning domains and developmental growth.	4.2.5
9. Identify guidelines to follow when planning meals and snacks.	4.4.4
10. Determine safety and health guidelines and possible preventive measures.	4.4.2 4.4.6

UNIT 9 — Making Families Stronger	
Objective	National FACS Standards
1. Define family structures.	6.1.1
2. Identify responsibilities shared by family members.	6.1.2
3. Recognize the positive aspects of family life.	6.1.2 6.1.4 6.1.5
4. Identify characteristics of generational relationships.	6.1.6 13.1.2 13.2.4
5. Determine reasons for changes in family roles.	6.1.6
6. Determine what impact family members with challenges can have on a family.	7.4.2 7.4.3 7.5.1 7.5.2 7.5.3 13.5.3
7. Distinguish between characteristics of functional and dysfunctional behavior in families.	13.1.4

UNIT 10 — Resourceful Design	
Objective	National FACS Standards
1. Match the elements of design with their descriptions.	11.2.1
2. Evaluate the uses of the elements of design.	11.2.1
3. Match the principles of design with their descriptions.	11.2.1
4. Evaluate the use of the principles of design.	11.2.1
5. Identify basic guidelines of space planning.	11.2.3
6. Select ways to conserve energy in the home environment.	2.1.5 2.2.3
7. Design a floor plan considering the relationship between function and space planning.	

UNIT 11 — Residential Decisions		
Objective	National FACS Standards	Oklahoma's Financial Literacy Standards
1. Compare the advantages and disadvantages of renting and owning a home.	2.1.5	Standard 10, objective 1
2. List common responsibilities of a renter and a homeowner.		
3. Discuss tenant's rights		
4. List tenant's responsibilities.		
5. State the information frequently included in a lease.		Standard 10, objective 2
6. Arrange in order the steps in leasing a house or apartment.		
7. Investigate utility fees and deposits.	2.1.5	
8. Interpret a lease.		Standard 10, objective 2
9. Define terms related to mortgages.	2.1.5	Standard 10, objective 3
10. Distinguish among types of mortgages.	2.1.5	Standard 10, objective 3
11. Arrange in order the steps in buying a home.	2.1.5	
12. State guidelines for estimating a budget for housing.	2.1.5	
13. Calculate monthly and yearly mortgage budgets according to housing budget guidelines.	2.1.5	

UNIT 12 — Understanding Personal Financial Essentials		
Objective	National FACS Standards	Oklahoma's Financial Literacy Standards
1. Compare the different types of financial institutions.		Standard 3, objective 1
2. Identify common financial products and services.		Standard 3, objective 2
3. Determine the steps in opening a financial account.		
4. Match types of accounts to their descriptions.		Standard 3, objective 1
5. Distinguish among types of check endorsements.	2.6.4	Standard 4, objective 2
6. Prepare account documents.	2.6.4	Standard 4, objective 2
7. Balance a financial statement.	2.6.4	Standard 4, objective 2
8. Distinguish between ATM and debit cards.		Standard 3, objective 2
9. Determine hidden costs in banking.		
10. Identify ways to protect your accounts.		Standard 4, objective 1

UNIT 13 — Managing Money		
Objective	National FACS Standards	Oklahoma's Financial Literacy Standards
1. Select guidelines for making purchases.	1.2.3 1.4.3 1.4.8 1.4.11 2.1.2 2.1.7 2.5.1 2.5.4	
2. Analyze sales techniques.	1.3.4 1.4.7	Standard 9, objective 1
3. Identify consumer fraud techniques and ways to correct fraud.	1.3.3	Standard 9, objective 1
4. Determine ways to recognize, avoid, and correct identity theft.	2.3.1 2.3.3	Standard 9, objective 2
5. Identify sources of consumer protection.	2.3.1	Standard 9, objective 3
6. Compose a business complaint.	1.4.4 1.4.6 1.4.12	Standard 5, objective 3
7. Describe the impact of local, state, and federal taxes on income and standard of living.		Standard 2, objective 1
8. Analyze the costs of saving and investing.		Standard 5, objective 1
9. Describe the importance of earning an income.		Standard 1, objective 2
10. Explain how to manage personal income through the use of a budget.		Standard 1, objective 1
11. Analyze a spending plan.	1.4.11 2.6.1	Standard 5, objective 1
12. Develop a spending plan.	1.4.3 1.4.8 1.4.11	Standard 5, objective 1

UNIT 14 — Understanding Financial Risks		
Objective	National FACS Standards	Oklahoma's Financial Literacy Standards
1. Explain the costs and benefits of charitable giving.		Standard 14, objective 2
2. Describe how various types of insurance can be used to manage risk.	2.6.3	Standard 11, objective 2
3. Evaluate the financial impact and consequences of gambling.		Standard 12, objective 2
4. Explain the importance of planning for retirement.	3.3.6 3.3.7	Standard 5, objective 1; Standard 6, objectives. 1, 2

UNIT 15 — Using Credit Wisely		
Objective	National FACS Standards	Oklahoma's Financial Literacy Standards
1. Distinguish among types of credit.		Standard 7, objective 1
2. Identify sources of credit.	2.5.4	Standard 7, objective 1
3. Select sources of credit.	2.5.4	Standard 7, objective 1
4. Distinguish between credit and charge cards.	2.5.4	Standard 8, objective 1
5. Identify advantages and disadvantages of using credit.	2.5.4	Standard 8, objective 1
6. Match factors that affect interest rates to their descriptions.		Standard 7, objective 3 Standard 7, objective 4
7. Calculate the cost of interest.		Standard 7, objective 3 Standard 7, objective 4, Standard 8, objective 1
8. Select wise credit practices.	3.3.8	Standard 7, objective 3
9. Identify ways to establish a good credit record.	3.3.8	Standard 7, objective 3
10. Match factors used to determine credit risk to their descriptions.	3.3.8	Standard 7, objective 3
11. Distinguish among legal means of debt collection.		Standard 2, objective 2
12. Evaluate the consequences of bankruptcy.	2.5.3 2.5.4	Standard 13, objective 1
13. Evaluate a credit situation.	2.5.2	