

The Career Advisor

Guiding students...together.



careertech

DATE: May, 2015

Hello, Counselors: As the 2014-15 school year comes to a close, I wanted to take this time to thank each of you for the work you do. All year long you reach down into those reserves and give it all for your students! Take some time now for yourself and enjoy your summer. See you in August! *Tommi*



Don't forget...Use the OCAS subject codes on this list when you schedule students for next year! Schedule students in CTE courses (Ag, FACS, Business) using 8000+ and 9000+ level codes: <http://www.ok.gov/sde/accreditation-standards-division> (scroll to subject codes)

Last month I shared information with you that the OK State Board of Education had approved academic credit for certain math, science and computer technology courses taught at technology centers and select high schools. This continues to be correct for students on the CORE curriculum. However, the OK State Regents for Higher Education (OSRHE) must determine if these courses can count for college entrance for students on the College Prep/Work Ready curriculum, as well as OKPromise. At this time, both the SDE and the OK Dept. of CareerTech are waiting for the OSRHE to make this determination. We realize you need this information NOW for pre-enrollment. It is unfortunate we were unable to get this resolved sooner. We will let you know the decision of the OSRHE as soon as it happens. Thank you for your patience with this. Please watch your email for updates this summer.

SAVE THE DATES: Registrations for all events available in August!

GuidanceFest 2015 –

- Oct. 1st – Northwest Tech, Fairview, OK
- Oct. 8th – Tulsa Tech, Owasso, OK
- Oct. 21st – Kiamichi Tech, Atoka, OK
- Oct. 22nd – Great Plains Tech, Lawton, OK
- Oct. 27th – Moore Norman Tech, South Penn Campus, OKC



Coming August 2015 – Oklahoma's Premier Online Career Development

System - OK Career Guide, replacing OKCIS, is an improved statewide career system supported by Oklahoma CareerTech and is available at no cost. Trainings begin in August.

PLTW Counselor/Administrator Conference – Oct. 29th @ Central Tech, Drumright, OK



A MUST READ: Counselors do more than you think... from Pacific Standard
<http://www.psmag.com/politics-and-law/school-counselors-you-d-think-91339>

A National Look at the High School Counseling Office – from NACAC
http://www.nacacnet.org/research/research-data/nacac-research/Documents/NACAC_Counseling_PhaseII.pdf

From [highschoolcounselors.blogspot](http://highschoolcounselors.blogspot.com):

- ✿ **The School Counselor and the Dreaded Drama Triangle – How to Play the Game -** <http://forhighschoolcounselors.blogspot.com/search/label/A%20Warm%20Fuzzy%20Tale>
- ✿ **Extreme Teen Binge Drinking -** <http://forhighschoolcounselors.blogspot.com/2015/03/extreme-teen-binge-drinking.html>
- ✿ **Self-Injury resources for Counselors:** <http://forhighschoolcounselors.blogspot.com/2015/03/self-injury-resources-for-clueless.html?m=1>

20 Things School Counselors Should Do Before School Starts – from the Helpful School Counselor
<http://www.thehelpfulecounselor.com/20-things-school-counselors-should-do-before-school-starts/>

From Twitter: (follow us @TommiLeach)

- ✿ **What students can do when given the time to think and create...** - via Twitter
<http://www.dallasnews.com/news/community-news/plano/headlines/20150222-an-idea-beyond-words-eighth-graders-develop-app-to-help-dyslexics-read-better.ece>
- ✿ **Great idea! Coffee With The Counselor: Early College Awareness...** – from Russ Sabella
[#scchat](http://themiddleschoolcounselor.com/2013/02/coffee...)

Anxiety in kids: <http://www.heysigmund.com/anxiety-in-kids/>

The Myth of the BFF – Girls Leadership <http://girlsleadership.org/resources/videos/myth-bff/>

Found on Pinterest: (follow us at ODCTECAC)

- ✿ **Lunch Bunch idea:** <http://schoolcounselingfroma-z.blogspot.com/2014/05/lunch-bunch-game.html?sref=pi>
- ✿ **How to Overcome Anxiety:** <http://www.unstuck.com/anxiety.html>
- ✿ **Tips on how to handle a panic attack:** <https://www.pinterest.com/pin/89157267600195579/>
- ✿ **What is School Counseling?** <http://www.freewebs.com/cchscounseling/whatschoolcounseling.htm>
- ✿ **Counselors Supporting Teachers:** <http://www.ed.gov/blog/2012/06/the-top-10-ways-school-counselors-can-support-teachers/>
- ✿ **School Counseling Disclosure Sign:** <http://www.schoolcounselingsmart.com/2014/09/school-counseling-disclosure-sign-free.html>

A little light summer reading... 😊

From ASCA (via Twitter): **Empirical Research Studies Supporting the Value of School Counseling**
www.schoolcounselor.org/asca/media/asca/Careers-Roles/Effectiveness.pdf

And just for you... Another great video from Dove: http://2doors.littlethings.com/dove-choose-beautiful-ad/?utm_content=buffer7ead0&utm_medium=Facebook&utm_source=sungazing&utm_campaign=PFPost

44 Ways to Make the Day of Someone with Cancer: http://www.huffingtonpost.com/elana-miller-md/living-with-cancer_b_5660514.html



If you have questions or comments, please contact me:

Tommi Leach, M.Ed

Academic Coordinator
Oklahoma Department of CareerTech
1500 W. 7th Ave.
Stillwater, OK 74074
tommi.leach@careertech.ok.gov
405-743-5524

Follow us: [Elevating Student Success](#)



[ODCTECAC](#)



[@TommiLeach](#)



Career & Academic Connections

