

Twenty Questions

The purpose of this activity is for students to enhance their understanding of their, and other's, behavior by identifying feelings and needs.

MATERIALS/SUPPLIES
"Twenty Questions Inventory" worksheet, pen/pencil, paper, glue, magazines/newspapers, scissors

Activity
- Students will identify feelings and needs in self and others in order to understand behavior.
- Define physical, emotional, and intellectual growth and development.
- Ask students to select pictures from newspapers and magazines showing people expressing emotions. Glue these pictures to a piece of paper.
- Have students speculate about what feelings are shown in each picture.
- Have students imagine themselves in one of the situations depicted. Have them write a first-person monologue for one picture, explaining the circumstances for their emotional reaction to the situation.
- In small groups, have students take turns reading their monologues. Have the small group discuss similar feelings they have experienced in their lives.
- Use the "Twenty Questions Inventory" worksheet as a follow-up to encourage self-awareness and understanding.

EVALUATION
Students will be evaluated on completion of monologue and small group discussion.
Twenty Questions Inventory

Name: ________________________________

1. What would you like to do, have, or accomplish?
2. What would you like to do better?
3. For what do you wish you had more time? More money?
4. What more would you like to get out of life?
5. What are your unfulfilled ambitions?
6. What angered you recently?
7. What made you tense, anxious?
8. What have you complained about recently?
9. What misunderstandings did you have recently?
10. With whom would you like to get along better?
11. What changes, for better or worse, do you sense in attitudes of others?
12. What would you like to get others to do?
13. What changes will you have to introduce?
14. What takes too long?
15. What are you wasting?
16. What is too complicated?
17. What "bottlenecks" or blocks exist in your life?
18. In what ways are you inefficient?
19. What wears you out?
20. What would you like to organize better?