I Can Do That

The purpose of this activity is for students to think of their own abilities and recognize abilities in others.

Activity
Students will share their opinions about a given situation.

Write the word ABILITY on the chalkboard.

Have students brainstorm on the meaning of ABILITY.

Ask students to think of some abilities they have (i.e., jumping rope, distinguishing one color from another, threading a needle, reading a book). List them on the chalkboard.

Ask each student to select one ability that they have. The class should also help that student list additional abilities to help enhance the student's self-concept.

Discuss abilities developing into skills as we grow older.

What abilities do you have that are important in various adult jobs? (Jumping rope indicates physical mobility and relates to carpentry or house painting, distinguishing one color from another relates to selling rugs or painting cars, buildings, rooms, etc.)

Read a story that identifies more than one career. Have students discuss careers illustrated in the story and what abilities the people in those careers may have.

Evaluation
Students should identify careers that are illustrated in a story the class has read. Ask them to form opinions about the careers explored and have them act out the part.