Physical Education

The students will enjoy feelings resulting from involvement in physical activity.

**MATERIALS/SUPPLIES**
Optional props if desired

**ACTIVITY**
Explain to the class that different members will be asked to demonstrate activities in different job roles. It is the intent of this activity to break down gender stereotypes and show that rewarding career choices can be made from areas traditionally thought suitable for only one gender.

- Students are not to use any verbal clues.
- The rest of the class will role-play workers' duties.
- Part of the class will guess what jobs are being acted out. Some suggested jobs are:
  - Teacher
  - Farmer
  - Banker
  - Truck driver
  - Welder
  - Fast food worker

**NOTE:** Have girl students role-play male-dominated occupations and boy students role-play female-dominated occupations.

Have the students discuss activities of the job they just performed.

Can the job be performed by both men and women? Why or why not?

**EXTENSION**
Change the activity into a role play activity in which your girl and boy students play “nontraditional” roles; for example, a girl student may play a doctor while a boy student plays the stay-at-home parent.

**NOTE:** Some of your students may live in families that have this “nontraditional” arrangement, so don’t label these roles as “nontraditional.”
EVALUATION
Evaluate students on their role-play of physical activities of a variety of jobs and their participation in discussion.