

## Subject

Language Arts  
Information  
Literacy

## Concept

Self-Evaluation

## Grade Level

4 - 5

## National Career Guidelines

Competency  
V

Awareness of the  
Relationship  
Between Work and  
Learning

## Type of Activity

Individual with  
Whole Class  
Discussion

## Related Occupations

Counselor  
Teacher

## Time to Improve

This activity will help students become aware of personal behaviors and study habits. It will help them develop an understanding of how behaviors can be learned, controlled and improved. Students will assess personal behaviors and study habits by completing the "Evaluating My Study Skills" worksheets. Students will be encouraged to improve undesirable behavior and/or weak study skills by devising a plan for improvement and a time line to evaluate the skill plan.

### MATERIALS/SUPPLIES

"Evaluating My Study Skills" worksheet, pen/pencil

### ACTIVITY

- Conduct a class discussion about the types of behavior that make learning easier.
- Ask students to brainstorm what school behaviors make learning easier.
- Point out that there are many behaviors they can control.
- Point out that many behaviors they learn now will influence their performance in the adult workforce.
- Ask students to list three behaviors that are easy for them to do on their own and three behaviors that are hard for them to do on their own.
- Allow students to share their lists.
- Emphasize that students can choose to improve study habits by learning to do certain tasks without being reminded by others.
- Distribute "Evaluating My Study Skills" worksheets.
- Ask students to complete the worksheets as honestly as possible.
- Ask the students to circle their strengths (areas 4 and 5).
- Ask students to choose one skill to improve (areas 1 and 2).
- Help students set up a plan and timeline to evaluate the skills plan.
- This activity should be done individually and can be used several times during the year to allow for growth.

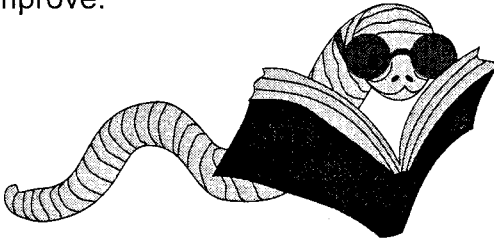
### EVALUATION

Evaluation will be based on student's assessment of personal behaviors and study habits using the "Evaluating My Study Skills" worksheets and improvement according to their skill plan.

# Evaluating My Study Skills

Name: \_\_\_\_\_

Directions: Rate your study habits using the scale.  
Choose one area you wish to improve and devise a plan to improve.



	1 almost always have to be told	2 usually have to be told	3 sometimes do the job myself and sometimes have to be told	4 usually do the job myself	5 almost always do the job myself
1. I listen to the teacher.					
2. I begin school work right away.					
3. I correct mistakes.					
4. I work until the job is finished.					
5. I work when the teacher has left the room.					
6. If I make mistakes, I still keep working.					
7. I work on learning activities in free time.					
8. I get to class on time.					
9. I do extra schoolwork.					
10. I do my share in class projects.					
11. I read during free time.					
12. I ask questions about schoolwork.					
13. I have a pencil, paper, and books ready when they are needed.					
14. I move quietly to and from my classes.					
15. I listen to the ideas of others.					
16. I help my classmates.					
17. I pick up when the work is finished.					
18. I take care of my clothing, books, and other things.					
19. I take care of the school's books, desks, and other things.					
20. I follow directions.					

May be photocopied for student use.