Happy February, Friends! The month of LOVE! Show us some love and register for the For Counselors Only Conference below! We are excited about the sessions we have to offer. And you will love the new venue! We apologize that some of you will have to travel farther but we had simply outgrown the other facility. In order to keep this a free conference, we had no choice but to move it. We hope you can still attend this important professional development conference. See you there! Tommi

Follow us on Facebook for the latest info: Career and Academic Connections

The For Counselors Only Conference will be March 12, 2019, at Tulsa Technology Center, Owasso Campus, 10800 North 137th East Ave., Owasso. Time: 8:30 Registration Conference starts promptly at 9:00-3:00

Registration link: 2019 For Counselors Only Conference

Information about the For Counselors Only Conference 2019:

1) There will be NO live stream for this year’s conference. Staff is unavailable.
2) Continental breakfast and snacks will be sponsored by Kuder (vendor for OK Career Guide).
3) A draft At-a-Glance agenda is located here.
4) Lunch is on your own with options for a hot or cold lunch on-site, as well as many area restaurants off-site. We will provide a map and information at the conference.

Connect to Business – Find out how to connect your students with local businesses. Join AJ Crowell in his “We’re Using OKCareerGuide…so now what?” session at the For Counselors Only Conference. Schools need champions and Connect to Business is the way to make that happen! For more information, contact AJ at aj.crowell@careertech.ok.gov

Teens Need to Know That Failing Is More Than OK, It’s Actually a Necessity – from Grown & Flown
6 Signs You Are Thinking About College Funding the Wrong Way – from Link for Counselors
Public Speaking Is No Longer a ‘Soft Skill.’ It’s Your Key to Success in Any Field – from Inc.com
Back Off: It Doesn’t Matter What College Your Kids Attend – from Psychology Today
Some high-school students in Oklahoma learned about careers in the aviation industry as part of the Tulsa Regional STEM Alliance’s monthly STEM Cafe event. The event included a presentation by an engineer for Harsco.

- What if schools focused on improving relationships rather than test scores? - From the Atlanta Journal-Constitution
- Suicide ‘Game’ Called ‘Momo’ Targets Teens Through Social Media – from WOWKTV.com
- Five Ways to Help Teens Build a Sense of Self-Worth – from Mindful and Greater Good

High-schoolers in Oklahoma recently learned about 12 career and technical education programs available at the Indian Capital Technology Center. The tours were conducted by current students, who showed off the skills that prospective students could learn. Tahlequah Daily Press (Okla.)

ASCA On Air – School Counselors: Our Impact – hear from counselor leaders across the nation, including Oklahoma’s own Sarah Kirk. https://videos.schoolcounselor.org/home (scroll down)

- 3 Reasons You Need to Start A School Counseling Advisory Council – from Counselor Clique
- Five Tips for Becoming A Stand Out School Counselor – from For High School Counselors Blog
- Why I Love Coffee With the Counselors – from Counselor Clique
- School Counselors Are Making A World of Difference in the Lives of Their Students – from Forbes

Adopting some kinds of mindfulness practices in the classroom may be difficult for students who have experienced trauma, according to Sam Himelstein, a clinical psychologist, trainer and author. He says the practice of closing their eyes could trigger some students and suggests alternative ways to practice mindfulness, including somatic awareness.

- Teaching Students How to Deal With Stress – from Edutopia
- Social-Emotional Learning Data May Indentify Problems, But Can Schools Fix Them? – from Education Week
- We’re Teaching Consent All Wrong – from Education Week

No, consent doesn’t just belong in sex ed. class; it needs to start a lot earlier. Sarah D. Sparks looks at the research.

Nearly all are gauging school performance in part by whether students show they’re ready for life after high school, a way of meeting ESSA’s requirement for some measure aside from test scores.

Free Resource! Supporting Successful High School Transitions (Middle School, Summer Bridge, High School) – downloadable .pdf – from Resource Center for CareerTech Advancement

Career Pathways, Post-Secondary Options…Call on the Experts – from U.S. Dept. of Education

If you have questions or comments, please contact me:

Tommi Leach, M.Ed, Academic Coordinator
Oklahoma Department of CareerTech
1500 W. 7th Ave.
Stillwater, OK 74074
tommi.leach@careertech.ok.gov
405-743-5524