Transition to Postsecondary Education
Student with Disability Guide & Career Development Checklist

Postsecondary Education = Any schooling that takes place after graduation from high school.

ACTIVITY — 12th Grade

COMPLETE THE PRECEDING YEAR ALONG WITH THESE ACTIVITIES:

Review and update your OkCareerGuide.org account.

- Update your Ed Plan and your list of activities and honors in OkCareerGuide.org.
- Enroll in concurrent enrollment classes and/or technology center programs.
- Review high school graduation requirements and college entrance requirements with your counselor and make sure you are on track to graduate.
- If eligible, complete Oklahoma’s Promise paperwork, including final transcript and send to the Oklahoma State Regents for Higher Education (spring).
- Complete FAFSA application for need-based financial aid (www.fafsa.gov) by deadline (fall).
- Participate in job shadowing and community service/service learning projects.
- Submit scholarship and financial aid applications.
- Submit college or technology center applications.
- Explore and submit scholarships at your local technology center.
- Re-take the ACT or SAT, if needed.
- Participate in mock interviews.
- Finalize 1, 2, 4, or More plans with your counselor and family.
- Develop a budget for life after high school.
- Review and update resume.

ACTIVITY — 13th Grade

- Confirm the receipt of your final transcript/test scores by selected college or technology center (summer).
- Write thank-you letters to organizations for scholarships received (summer).
- Contact college or technology center to determine the total costs and due dates for your fees, tuition and room/board (summer).

WHILE AT POSTSECONDARY INSTITUTION:

- Go to all orientations.
- Find a place to study.
- Get organized.
- Discuss your ICAP with your adviser.
- Don’t skip classes.
- Get involved on campus and with campus organizations (both college and technology centers).
- Find the career services office and let them assist you.
- Update your resume.
- Continue to update your OkCareerGuide.org account.
- Find the disability services office.
- If disclosing disability, talk to each of your instructors about needed accommodations.
- If you plan to disclose your disability, take information about your disability to school and visit the disabilities services specialist.

No IEPs in Postsecondary Education ... What Does That Mean To You?

Laws change—laws that may have applied to you as a student with a disability in K-12 education will no longer apply to you at the postsecondary level.

<table>
<thead>
<tr>
<th>High School</th>
<th>Postsecondary Institution</th>
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<tr>
<td>Student does not have to self-disclose to receive accommodations.</td>
<td>Student must self-disclose his/her disability to receive accommodations.</td>
</tr>
<tr>
<td>Individualized Education Program (IEP) or 504 Plan.</td>
<td>504 Plan/Accommodation Plan (There are no IEPs in postsecondary education).</td>
</tr>
<tr>
<td>Special education classes available.</td>
<td>No special education classes available.</td>
</tr>
<tr>
<td>Modifications and accommodations are permitted for the student to find academic success.</td>
<td>Accommodations that do not alter the fundamental nature of the course or impose undue burden on the institution are permitted. No modifications are allowed.</td>
</tr>
<tr>
<td>Student records are accessible to the student (unless student signs a release).</td>
<td>Student records are only accessible to the student and his/her parents.</td>
</tr>
<tr>
<td>School is required to provide a free appropriate public education.</td>
<td>A free appropriate public education no longer applies. Not all students are accepted.</td>
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</tbody>
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What is the difference between accommodations and modifications?

Accommodations — They do not alter what you are expected to learn. An accommodation makes learning accessible to you and allows you to demonstrate what you know. Examples: Extended time on tests, tests in separate location, preferential seating, adaptive furniture, large-print texts.

Modifications — They alter what you are expected to learn. Examples: Limited choices on tests, simplifying words on assignments.
What Are Your Postsecondary Options?

Technology Centers — Technology centers prepare you for a specific profession. They combine the academic curriculum with real-life hands-on applications. Technology centers are usually smaller than colleges and cheaper. Certificates and/or licenses can be earned.

Two-Year Community/Junior Colleges — They offer a variety of two-year degree programs. Community/junior colleges are usually smaller and less expensive than four-year colleges/universities. Certificates, licenses and associate degrees can be earned.

Four-Year Colleges/Universities — They offer a multitude of degree programs. Class sizes are usually large. Bachelors, masters and professional degrees can be earned depending on the institution.

Here are the activities you need to complete each year to be prepared for further education and a career.

STUDENT CAREER DEVELOPMENT CHECKLIST

Incorporating activities for students with disabilities.

ACTIVITY — 9th Grade

Complete the preceding year along with these activities:

1. Review and update your OkCareerGuide.org account.
2. Take or re-take the career assessments on OkCareerGuide.org.
3. Explore careers and colleges via OkCareerGuide.org, Okcollegestart.org and/or other online career sites.
4. Explore occupations in the top 5 pathways from your OkCareerGuide.org interest assessments.
5. Review sample plans of study on OkCareerGuide.org.
6. Explore CTE education (CTE) courses at your high school and CTE programs at your local technology center.
7. If eligible, apply for the Ok Promise scholarship (8th – 10th grade).
8. Review high school graduation requirements and college entrance requirements with your counselor and make sure you are on track to graduate.
9. Get involved in student organizations, clubs and/or athletics.
10. Investigate 1, 2, 4 or More options with your counselor and family.
11. Participate in career days, career fairs and/or job shadowing opportunities.
12. Develop a list of activities and honors and store it on OkCareerGuide.org.
14. Discuss plans with special education teacher, counselor and family.
15. Learn about your disability and how to explain it to others.
16. Know your strengths and challenges and work to improve weak areas.
17. Participate in your initial transition plan during your EP meeting.

ACTIVITY — 10th Grade

Complete the preceding year along with these activities:

1. Review and update your OkCareerGuide.org account.
2. Retake the career assessments on OkCareerGuide.org, if needed.
3. Explore careers and colleges via OkCareerGuide.org, Okcollegestart.org and/or other online career sites.
4. Explore all the information gathered to develop or update your Individual Career and Academic Plan (ICAP).
5. Explore occupations in the top 5 pathways from your OkCareerGuide.org interest assessments.
6. Review sample plans of study on OkCareerGuide.org.
7. Explore CTE education (CTE) courses at your high school and CTE programs at your local technology center.
8. If eligible, apply for the Ok Promise scholarship (8th — 10th grade) (last opportunity).
9. Take the Pre-ACT and review results with your counselor and family (Fall).
10. Take the PSAT/NMSQT and review results with your counselor and family (Fall).
11. Review high school graduation requirements and college entrance requirements with counselor and make sure you are on track to graduate.
12. Get involved in student organizations, clubs and/or athletics.
13. Review research 1, 2, 4 or More options with your counselor and family.
14. Look at the composite report for the career interest and skills confidence assessments; determine knowledge/skills areas that need improvement (where interests are high and skills are lower). Go to www.OkCareerGuide.org, then scroll to the bottom of the home page.
15. Participate in job shadowing and community service/service learning projects.
17. Start researching scholarships/financial aid opportunities, including those found on OkCareerGuide.org.
18. Update your list of activities and honors in OkCareerGuide.org.
19. Explore careers by taking CTE courses at your high school.
21. Discuss your Individual Career and Academic Plan (ICAP) with your IEP team.
22. Be involved in reviewing and updating your transition plan.
23. Know your strengths and challenges and work to improve weak areas.
24. By age 16, ask your special education teacher if you have been referred to a vocational rehabilitation counselor.

ACTIVITY — 11th Grade

Complete the preceding year along with these activities:

1. Review and update your OkCareerGuide.org account.
2. Retake the career assessments on OkCareerGuide.org, if you want to.
3. Email in technology center programs and/or concurrent enrollment courses.
4. Update Ed Plan and your list of activities and honors in OkCareerGuide.org.
5. Take ACT and/or SAT and/or PSAT and/or ASVAB assessments.
6. Explore careers by taking CTE courses at your high school.
7. Research and select favorite postsecondary schools on OkCareerGuide.org.
8. Participate in job shadowing and community service/service learning projects.
9. Narrow your list of postsecondary schools based on your previous research to three or four.
10. Create a resume.
11. Start application process for U.S. service academies, if appropriate.
12. Review high school graduation requirements and college entrance requirements with counselor and make sure you are on track to graduate.
13. Get involved in student organizations, clubs and/or athletics.
14. Research and review 1, 2, 4 or More options with your counselor and family.
15. Research job skills on OkCareerGuide.org.
16. Start researching scholarships/financial aid opportunities, including those found on OkCareerGuide.org.
17. Update your list of activities and honors in OkCareerGuide.org.
18. Visit college campuses and/or technology center campuses.
20. Make sure you and your parent(s) have completed income tax forms to complete financial aid applications (due fall of your senior year).
22. Know your strengths and challenges and work to improve weak areas.
23. Be involved in reviewing and updating your transition plan.
24. On or before your 17th birthday, ask your special education teacher about transfer of educational rights at age 18.

How will you reach your goal?

124 + or more

Be prepared for your future!

It's Your Choice

Making your disability known in postsecondary education is your choice. However, remember if you want your postsecondary school to provide accommodations you need to let them know about your disability.

ACTIVITY — 7th and/or 8th Grade

Create an account on OkCareerGuide.org.

ACTIVITY — 10th Grade

Create an account on OkCareerGuide.org.

ACTIVITY — 11th Grade

Create an account on OkCareerGuide.org.

ACTIVITY — 9th Grade

Create an account on OkCareerGuide.org.

ACTIVITY — 10th Grade

Create an account on OkCareerGuide.org.

ACTIVITY — 11th Grade

Create an account on OkCareerGuide.org.

ACTIVITY — 7th and/or 8th Grade

Create an account on OkCareerGuide.org.

ACTIVITY — 9th Grade

Create an account on OkCareerGuide.org.

ACTIVITY — 10th Grade

Create an account on OkCareerGuide.org.

ACTIVITY — 11th Grade

Create an account on OkCareerGuide.org.

Steps to creating an OkCareerGuide.org account:

2. Select Create an Account. In the dropdown menu select MS or HS student and click Next Steps.
3. Type the first three letters of your site, center or organization. Typically, this will be the first few letters of your school name. For example, type “Cen” to get a list of options that begin with those letters. From that list, you may locate and select “Central HS.”