

## 2021 Round 2 Event Modifications for Life Support Skills

The round one test will be taken online. It will still be 50 items in a 60-minute time limit. Log on credentials for the Round one test will be sent to the competitor by February 24, 2021. The testing system will automatically countdown time remaining. Competitors will take the test by using the online testing system anytime on March 1 (8am) – March 2 (5pm), 2021.

Top scoring competitors on the round one test will advance to the skill component. Top scoring competitors will be posted on the OK HOSA website by March 18, 2021

The scenario will be posted on the OK HOSA website on April 1, 2021 at 9:00 am. Competitors will gather the supplies/equipment needed to complete the scenario.

Competitors will record a video of them performing the skill. Competitors will upload their video to Tallo by 5:00pm on April 1, 2021. **Competitors will be required to state their name, show a picture ID (make sure it is readable on video) and the secret event word code (listed on the scenario) prior to starting the skill.**

If a competitor is not at school, the competitor will have the option to record a video of them verbally conveying step by step OR physically performing the skill expected to complete the scenario.

**Competitors will be required to state their name, show a picture ID (make sure it is readable on video) and the secret event word code (listed on the scenario) prior to starting the skill.** Competitors will upload their video to Tallo by 5:00pm on April 1, 2021.

Tallo Submission Instructions are linked to Ok HOSA Website. [Okhosa.org](http://Okhosa.org)>Conferences>State Leadership Conference>Tallo Submission Instructions 2021

This list of skills may be potentials for the virtual setting as they are less equipment intensive and may be easier for competitors to perform virtually. Competitors/school will be responsible for ALL supplies/equipment needed for the skill. [Refer to the Equipment List online for required items](#)

### **Life Support Skills-supplies/equipment supplied by competitor/school**

***It is the competitors responsible to confirm this list through the Event Guidelines and the Equipment List (linked in the above paragraph)***

- Cravats (5-10) (Defined as strips of cloth, triangular bandages folded into strips, roller gauze, or other similar material to tie or anchor splints in place.)
- Bandaging materials as selected by competitor (should include sterile gauze squares, roller bandages, trauma dressing and non-stick sterile dressing)
- Mouth-to-mask device (adult and infant)
- Biohazard bag
- Hand sanitizer
- Cell phone (for simulating 911 call)
- One pair of scissors
- Adhesive tape
- PPE: 4 pair of non-latex gloves, 1 set of goggles or safety glasses

Skill I                      Adult BLS/CPR

- CPR Adult Training Manikin

Skill III            Severe Bleeding

- One patient (check scenario for particulars)
- Moulage or artificial non-latex bleeding wound
- T-shirt for patient using moulage
- Medical Jewelry as indicated by scenario

Skill IV            Choking

- One patient (check scenario for particulars)
- Pillow for patient - the person playing the role of the patient should wear an extra-large, loose fitting shirt so that a pillow can be placed under his/her shirt for protection, in the unlikely event that the competitor actually performs an abdominal thrust. It should be made clear to the competitor that the patient is NOT obese or pregnant.

Skill V            Broken Bone/Sprain and Splinting

- One patient (check scenario for particulars)
- Ice or Cold pack
- Towel
- Props or devices to be used for splinting such as magazines, textbooks, boards, or cardboard
- Medical Jewelry as indicated by scenario