

Oklahoma HOSA OKIELYMPICS

Your State Officer team has planned some fun activities to share the fun and excitement about HOSA and State Leadership Conference.

PLEASE JOIN US!

- February 1-26, 2021
- Series of activities to promote teamwork throughout Oklahoma HOSA
- Follow ok_hosa on Instagram and Oklahoma HOSA on Facebook for dates, updates, and scoring
- All submitted photos/video may be posted on OK HOSA Facebook and Instagram
- Small school chapters will compete against each other (see below for the list)
- Large schools chapters will compete against each other (see below for the list)
- Scores will be released every Saturday via Oklahoma HOSA Facebook and Instagram
- Send all entry posts/photos/video to Debbie.Bennett@careertech.ok.gov
- Questions please contact Ms. Bennett at debbie.bennett@careertech.ok.gov

PRIZES

Small School Chapter

1. \$200 Credit on SLC registration, Certificate
2. \$100 Credit on SLC Registration, Certificate
3. \$50 Credit on SLC Registration, Certificate
4. Certificate of Completion (Honorable Mention)
5. Certificate of Completion (Honorable Mention)

Large School Chapter

1. \$200 Credit on SLC registration, Certificate
2. \$100 Credit on SLC Registration, Certificate
3. \$50 Credit on SLC Registration, Certificate
4. Certificate of Completion (Honorable Mention)
5. Certificate of Completion (Honorable Mention)

Definition of Small School vs. Large School

Small Schools (2019-2020 between 1-99 members)

Caddo Kiowa Technology Center
Chisholm Trail Technology Center
Southwest Technology Center
Classen SaS HS
OK School for Science and Math
Cleveland High School
Durant High School
Pontotoc Technology Center

Emerson Mid High School
Putnam City North High School
Eastern Oklahoma Technology Center
Green Country Technology Center
High Plains Technology Center
Northwest Technology Center
Jenks High School
US Grant HS
Mid Del Technology Center
Yukon High School

Large Schools (2019-2020 100+ members)

Autry Technology Center
Metro Technology Center
Canadian Valley Technology Center
Mid America Technology Center
Central Technology Center
Moore Norman Technology Center
Francis Tuttle Technology Center
Northeast Technology Center
Gordon Cooper Technology Center
Red River Technology Center
Great Plains Technology Center
Southern Oklahoma Technology Center
Indian Capital Technology Center
Tri County Technology Center
Kiamichi Technology Center
Tulsa Technology Center
Meridian Technology Center
Wes Watkins Technology Center
Western Technology Center

Name of event or activity	Dress Up Week
Date and when the activity ends	February 1- 5, 2021 Photos are due at the end of each day
Give a detailed description of activity.	HOSA spirit week will involve the participation of students dressing up and taking pictures. Submit a photo to debbie.bennett@careertech.ok.gov In the subject line of your submission email include: The Day, Your School and Your Advisor Ex. PJ day/CVTECH/Ms. Lee
List steps on how to complete activity.	HOSA week is a fun filled week of dressing up. Dress up, take pictures and submit. Monday, Feb 1 - PJ Day Tuesday, Feb 2 - Western Day Wednesday, Feb 3 - Hawaiian Day/ Tourist Day Thursday, Feb 4 - Twin Day Friday, Feb 5- Generation Day (Ex. Child-Middle Aged Adult-Senior Citizen)
Explain the point system for this activity	15 points per chapter per day for student(s) dressing up. Additional 5 points if advisor/teacher dresses up too. The photos could be live or a virtual group picture. Photos must be emailed to Ms. Bennett in order to receive points.

Name of event or activity	Be The Match Door/Poster Decorating
Date and when the activity ends	Photo Submission due February 9
Give a detailed description of activity.	<p>Each chapter has the opportunity to create a door or poster design to promote Be the Match. Each chapter will take a picture of their finished, decorated door/poster and send it to Mrs. Bennett at Debbie.Bennett@careertech.ok.gov</p> <p>In the subject line of your submission email include: "Be the Match Door/Your School/Your Advisor Name" Ex. Be the Match Decoration/HPTC/Mrs. Cottom</p>
List steps on how to complete activity.	Decorate your classroom door/bedroom door/poster to promote our service project, Be the Match. There are no limitations on what you may use to complete this activity but, only one door/poster per chapter will be counted towards final point totals.
Explain the point system for this activity	50 Points for one completed door or poster

Name of event or activity	HOSA Bingo
Date and when the activity ends	Mon. Feb 15 (9:00-9:30am) Wed, Feb 17 (1:00-1:30pm)
Give a detailed description of activity.	Join your state officers for HOSA BINGO This will be done on a zoom call, Students can join us from your classroom or from home. Students will create their own bingo cards by selecting 25 words from a list of HOSA words which is posted below. There is also a blank BINGO template.
List steps on how to complete activity.	<ol style="list-style-type: none"> 1.) Create your HOSA Bingo card using the list of words provided (template provided) 2.) Join the zoom meeting and play bingo with us! Meeting ID # 882 249 1946
Explain the point system for this activity	Attending chapters will receive 20 points. Chapters with winners of HOSA Bingo will be awarded additional 5 points.

Name of event or activity	Act of Kindness
Date and when the activity ends	Feb 8-15
Give a detailed description of activity.	Take a picture of yourself donating canned foods or nonperishable food items to a food bank, blessing box, or even your church. Only one picture submission per student.
List steps on how to complete activity.	<p>Take canned food or nonperishable food items to a place that will give that to people in need. Take a picture and send it to debbie.bennett@careertech.ok.gov and title your picture</p> <p>In the subject line of your submission email include: Act of Kindness/Your School/Your Advisor Name” Ex. Act of Kindness/Northwest Tech/Mrs. Meyer</p>
Explain the point system for this activity	30 points per student donation/photo. If you have a class picture, each student in the

	picture will be awarded 30 points (Only one picture submission per student)
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Name of event or activity	Be the Match Video
Date and when the activity ends	Due February 17
Give a detailed description of activity.	Create a PSA on information and promotion of Be the Match. This PSA will need to be less than 30 seconds Send your video to: Debbie.Bennett@careertech.ok.gov In the subject line of your submission email include: "Be the Match PSA/Your School/Your Advisor" Ex: Be the Match PSA/NWTC/Mrs. Meyer
List steps on how to complete activity.	1. Have the whole class (whether virtual or in class) produce a PSA to promote Be the Match . Link to YouTube 2. Email YouTube link to: Debbie.Bennett@careertech.ok.gov
Explain the point system for this activity	60 Points for PSA

Name of event or activity	Scavenger Hunt
Date and when the activity ends	February 22-26
Give a detailed description of activity.	A list of 15 objects is listed below. Each chapter will have to find at least 10 of these items and take a picture with at least one student holding or standing by the object.
List steps on how to complete activity.	Submit each picture to Mrs. Bennett at Debbie.Bennett@careertech.ok.gov In the subject line of your submission email include: Scavenger Hunt/Your School /Advisor Name

OTA	Phlebotomy	Pediatrics	Advisors
State Officers	ILC	SLC	FLC
Stillwater	Adapt	Team Work	Future Professionals

Scavenger Hunt List

AED (Real)	HOSA merch	Skeleton/Mannequin
First Aid Kit	Goggles/Face Shield	Stethoscope
BP Cuff	Vending Machine	Fire Extinguisher
Picture w/ Administrator	Flashlight	Band-Aid
Kleenex Box	Hand Sanitizer	Toilet Paper
Mask	Thermometer	Health Related Textbook
Joining Be The Match	Comment on OK HOSA Facebook Page	