

2020 Oklahoma HOSA SLC Virtual Activities

Stay connected with OK HOSA SLC through Oklahoma
HOSA FaceBook and Instagram

Top photos and t-shirt design submitters will receive a pair
of HOSA Socks!

“Safer @ Home” Scavenger --April 6-21

Something FUN to do while at home! Participate in the OKHOSA SLC “Safer @ Home” Scavenger.

Email pictures or video to the state advisor at Debbie.Bennett@careertech.ok.gov

Each day pictures/video will be posted on the Oklahoma HOSA social media pages with the participant pictures.

- An image of you while baking a delicious treat.
- An image of you in your at-home fort.
- An image of you while getting active (lifting weights, walking, running, yoga). This is a way to still participate in the National Pediatric Cancer Foundation Walk!
- An image of you with the craziest hairstyle
- An image of you showing some type of kindness.
- An image of you participating in an indoor picnic
- An image of you with as many layers of clothing as possible.
- An image where you are participating in a movie night
- An image or video of you singing a song while washing hands

"Tops and bottoms

Tops and bottoms

In-between

In-between

Don't forget your fingernails

Don't forget your fingernails

And your thumbs

And your thumbs"

- An image of you with your vision board (A regular size paper that has a layout of how you want your future to look.

Design the 2020 FLC T-Shirt---April 9-17

Help OK HOSA with ideas for the 2020 FLC T-shirt. The 2020-2021 Oklahoma HOSA theme will be "Service Beyond Yourself". The design MUST be hand drawn (no digital designs accepted). Send your design idea to Debbie.bennett@careertech.ok.gov by April 17.

OK HOSA Spirit Days—April 13-15

During this year's Oklahoma Virtual SLC we invite you to join in our Spirit Challenge. Please submit a creative and appropriate picture to

Debbie.Bennett@careertech.ok.gov with Subject: Name and School each day.

We will be choosing the top pictures to post on all Oklahoma HOSA social media each day.

HOSA Merchandise Monday-Show your favorite HOSA colors or HOSA merchandise

- Towards Tomorrow Tuesday-Dress in the attire of your future health occupation
- Western Wednesday-Show your greatest western gear

These Spirit Days are meant to be fun and so show use your best and most creative ideas.

Alumni and Advisor Days—April 16-20

Calling all OK HOSA alumni and advisors-----share with us your favorite picture of your HOSA time! Send the photo to our state advisor at Debbie.bennett@careertech.ok.gov

Virtual Silent Auction—April 15-20

Auction items will be posted on the OK HOSA website. Tickets for chances will be sold through PayPal. Each ticket will be \$1.00 and worth one chance for an item. Therefore, chances will be sold in \$1.00 increments. Additional deadlines will be shared as the event gets closer.

OK HOSA State Leadership Conference Session—April 22

Your state officers will be hosting this year's conference session on YouTube.

Recognition award winners, Star Chapters, Outstanding Advisors, Rebecca Needham Anderson Scholarship winners, and a special Keynote from Mr. Patrick Grady is planned to air on April 22. Time is TBD. All competitive event winners will be posted on the OK HOSA Website at www.okhosa.org on April 22, 2020.

