Hello Oklahoma HOSA!

I am so thrilled and honored to be representing you as your 2013-2014 President. I know that I, along with the rest of your state officer team, am extremely excited for this coming year in HOSA! I first want to thank you for your involvement in HOSA, because without you, we would not have this amazing opportunity to become leaders in health professions! We want to make Oklahoma HOSA an organization that not only changes the face of health care in Oklahoma but we also want to help change it throughout the United States and world.

Even with the threat of the looming winter storm, our state officer training and first meeting in November was truly a success! We connected, trained, and even did Zumba with all of the other officers, and we discussed goals we want to complete before our term ends.

SLC, NLC, and FLC are extremely important to us as not only officers but also members like you. Becoming actively involved in these opportunities will not only benefit you, but they will also benefit your future. As officers, we want to make SLC an unforgettable experience for all of our members, so start studying, training, and preparing, because this year’s SLC is going to be phenomenal.

We hope that through these issues of the HOSA Heartbeat you will get to know your state officer team more personally and you will be able to see what Oklahoma HOSA members are doing throughout the entire state. Feel free to contact any of us at any time, because we are here to serve YOU. Don’t ever be nervous or shy to speak to us, because we are just normal people like everyone else, and we would love to meet as many of you as we can!

Throughout my time in HOSA I have truly grown not only as a future health care professional and leader but also as a person. I have made friendships that will last a lifetime and I have learned things that will significantly help me in the future. Always remember to give your best effort in everything you do, and you will succeed. Whether this is your first year in HOSA or you are one of our veterans, be as actively involved as you can and try to get as much out of this year as you can!

Your commitment, dedication, and passion towards becoming a health professional is what makes Oklahoma HOSA the prestigious chapter that it is. Thank you again for allowing me this opportunity to serve you. Get hooked on HOSA, catch your career, and also have a blessed year!

Sincerely,

SAMUEL MOFFATT
Oklahoma HOSA President
My name is Samuel Moffatt and I am a senior in the Biomedical Science Academy at Red River Technology Center in Duncan, Oklahoma. I also go to Duncan High School in the same town and take concurrent classes at the Duncan branch of Cameron University. I live with my mother and father and have one younger brother who is a sophomore in high school. After graduating high school this coming spring, I plan on attending college next fall; however, I have not officially decided which college I will attend. I then want to go on to medical school so that I can eventually become a physician and perform medical missions in third-world countries.

Hello HOSA members! My name is Sambrina Kingery and I am proud to serve you as your 2013-2014 Oklahoma HOSA Vice President. I am a senior at Okay High School and attend Indian Capital Technology Center’s Practical Nursing Program. I currently serve my local chapter as secretary. I am very interested in pursuing my BSN and help make a positive difference in people’s lives. I look forward to serving you in HOSA as well as learning how to lead and inspire others to do the same. I am looking forward to a great year!
Hello Oklahoma HOSA! My name is Megan Mueggenborg, and I am currently serving as your 2013-2014 State Reporter! I am a senior at Edmond Memorial High School. I am also a 3rd year student at Francis Tuttle’s Biosciences and Medicine Academy where I take Project Lead the Way courses, and represent my local chapter as local HOSA President. This is my 3rd year in HOSA, and my 2nd term as a State Officer, so HOSA is a huge part of my life! After graduating this May, I hope to go to an undecided college and study Biochemistry in order to pursue a career in the healthcare field.

My name is Jawnna Brooks. I am pleased to be your 2013-2014 Oklahoma HOSA historian. I was introduced to HOSA my junior year in high school. I competed at State and National Leadership Conference of 2009. In May of 2010 I graduated the program as an Honor student and a CNA. That June I married my high school sweetheart who has encouraged me through everything! After achieving two associates degrees from Connors State College, I decided I hadn’t had enough of HOSA. During my term as Historian, I will also be serving as President of my local chapter at Indian Capital Technology Center of Tahlequah where I am currently attending the Practical Nursing Program. I will graduate from ICTC in June 2014 as an LPN and move on to become an RN and obtain a Bachelor’s of Science in Nursing. I am so grateful for the care, support and experiences I have and gained from my Lord, my husband, my family, and from you. Thank you HOSA!!

My name is John Mohr and I am your HOSA State Secretary for the 2013-2014 term. I am enrolled in Biomedical Sciences II at Tulsa Technology Center. After High School I plan on attending college with a major in Biomedical Engineering, after which I hope to go to Medical School in order to become an emergency physician.
Hello Oklahoma HOSA members! My name is Stephanie Enciso and I am serving as your Oklahoma HOSA State Treasurer. I am currently a senior at Owasso High School. This is also my second year attending Tulsa Technology, where I serve as the class president for my medical assisting class. I plan on attending college after I graduate and hope to, one day, become a pediatrician. I look forward to serving you as your Oklahoma HOSA State Treasurer! Happy holidays everyone!

Hello, my name is Luke MacNaughton and I am the Oklahoma HOSA Parliamentarian. I am a junior at Edmond North High School where I am involved with National Honors Society, Chinese Club, and Edmond North’s wrestling team. I also attend the Biosciences and Medicine Academy at Francis Tuttle Technology Center in Oklahoma City where I am the chapter motivator. I live in Edmond with my mom and dad, two younger brothers, and one younger sister. After high school, I plan to go to college and study STEM along with business. After that I don’t have a plan, who knows what I will decide to do!
My name is Colby Holman and I am currently the Oklahoma HOSA State Chaplain. I attend Indian Capital Technology Center in Muskogee, OK. I am working toward my practical nursing license and I am president of my local chapter. My future plans are to finish LPN school and start medical school to become a physician. I may further on to receive advanced degrees in psychiatry or anesthesiology. I consider myself very goal-driven and optimistic. I believe all things are possible with a lot of faith and effort.

My name is Ashley Long and I am your Oklahoma HOSA State Service Chairperson. I am a participant of the Licensed Practical Nursing Program at Gordon Cooper Technology Center in Shawnee, Oklahoma. I am twenty-three years old and have recently acquired my associate's degree in Pre-Science from Rose State Community College. After graduating from the LPN program and passing the NCLEX I plan to begin acquiring my bachelors degree in science of nursing from the University of Oklahoma. After completing my bachelor’s degree I plan on furthering my education and obtaining either my physician’s assistant licensure or advanced practice nurse practitioner.

Hello everyone!! My name is Gina Mouse and I am your 2013-2014 HOSA State Social Chairperson. I am currently enrolled at Gordon Cooper Technology Center in the Practical Nursing program. I am married with 5 children, a son-in-law, and one granddaughter. I live on a farm in Dale, OK where I spend my free time (what’s that...lol) with my family and doing tractor pulls. My plans for the future are to graduate from PN school, work for a year, bridge at OU and get my BSN/RN, work for a little while and look into the PA program.
During the first day of training, we all came to learn about one another and really got to know each other. Around dinner time, all of the state officers gathered together at Debbie’s house for dinner. We had to prepare the meal, as well as dessert, for us and all of the advisors. All of the officers seemed to really enjoy it. It really tested our teamwork skills and our ability to stay on task. It is safe to say, that dinner was great and all of us had a great time! That night, the state officers gathered around to share five things about themselves. We had all been anticipating this moment.

This year’s state officer training was December 3-5 in Stillwater at the Career Tech Offices and it was some intense business! Guest speaker Kelly Barnes taught us a variety of skills such as trust, teamwork, and competency skills. Kelly taught us how to become state officers, and how to “Think Like An Officer.” We felt very encouraged and very lucky to have a speaker as great as Kelly.
After training was over, the officers and advisors all went and had a Zumba session. Some officers had no experience but, it turned out to be tons of fun! We all danced and some sang, but overall it seemed to be great. The officer training was very intense, but along with that came a lot of memories. It was a great way to start off the year as a team. None of the officers wanted to go home! We learned a lot about each other and where we come from. Although the training did come to an end, we have a lot of ideas planned to make this next year, the best OKHOSA has seen yet.
On behalf of HOSA: Future Health Professionals, the National Executive Council, and the National HOSA Staff, welcome to the HOSA experience! We have a thrilling year ahead of us, which will be flooded with memories that last a lifetime as we look to celebrate this year’s national theme: “The Future Starts Now”. By offering new opportunities for scholarships, internships, and leadership training, your National Executive Council and National HOSA Staff look to make this year even better for over 150,000 members in thousands of chapters all over the country. I encourage you to take advantage of the massive array of opportunities HOSA offers as soon as you can so that you make the best of your future. After all, “The Future Starts Now”. To stay connected and up-to-date with all the fresh opportunities HOSA has to offer, follow us on twitter @NationalHOSA or like our Facebook page: www.facebook.com/NationalHOSA. With the Oklahoma HOSA State Leadership Conference coming up in April, I wish you the best of luck as you compete in events to earn your spot at this year’s National Leadership Conference in Orlando, Florida.

Aamr Hasanjee
National HOSA Region I Vice President
HOSA: Future Health Professionals
“One day, a poor boy who was selling goods from door to door to pay his way through school, found he had only one thin dime left, and he was hungry.

He decided he would ask for a meal at the next house. However, he lost his nerve when a lovely young woman opened the door.

Instead of a meal he asked for a drink of water. She thought he looked hungry so brought him a large glass of milk. He drank it so slowly, and then asked, "How much do I owe you?"

“You don't owe me anything," she replied. "Mother has taught us never to accept pay for a kindness."

He said... "Then I thank you from my heart."

As the boy left that house, he not only felt stronger physically, but his faith in God and man was strong also. He had been ready to give up and quit.

Many years later that same young woman became critically ill. The local doctors were baffled. They finally sent her to the big city, where they called in a specialist to study her rare disease.

Dr. Howard Kelly was called in for the consultation. When he heard of the illness, he became instantly interested.

Immediately he rose and went down the hall of the hospital to her room.

Dressed in his doctor's gown he went in to see her. He went back to the consultation room determined to do his best to save her life. From that day forward, he gave special attention to her case.

After a long struggle, the battle was won.

Dr. Kelly requested the business office to pass the final bill to him for approval. He looked at it, then wrote something on the edge and the bill was sent to her room. She feared to open it, for she was sure it would take the rest of her life to pay for it all. Finally she looked, and something caught her attention on the side of the bill. She read these words...

"Paid in full with one glass of milk"
(Signed) Dr. Howard Kelly.”

As healthcare students, sometimes we may not realize the impact that we have and the impact others have on us. Occasionally, we can forget that it is not only the process of healing, but also our compassion for individuals that drives us to push forward as healthcare professionals. HOSA provides students with opportunities to learn, grow, and become better professionals. I hope that as you grow, you also remember the limitless power within you. All you need is a little effort, and you can move mountains.

Colby Holman
State Chaplain
Happy Holidays!

From the 2013-2014 Oklahoma HOSA State Officer Team!

Make sure to like Oklahoma HOSA on Facebook! at: www.facebook.com/oklahomahosa

www.okhosa.org