

2014 SkillsUSA Oklahoma District and State Nail Care Contest Guidelines

PURPOSE

To evaluate each contestant's preparation for employment and to recognize outstanding students for excellence and professionalism in the field of nail care.

CLOTHING REQUIREMENT

Clothing requirements are the same for District and State Contest.

For men: Official SkillsUSA white dress shirt or white polo, black dress slacks, black socks and black leather work or dress shoes.

For women: Official white top, black dress slacks or black skirt (*knee length*), black socks or black skin-tone hose, and black leather work or dress shoes. Must be closed toe (no sparkles or rhinestones, no open heels).

For models: Business like, white polo or official white top, black dress slacks or skirt (knee-length); black or skin-tone hose and black shoes; must be closed toe (no sparkles or rhinestone, no open heels).

Note: Contestants must wear their official contest clothing on the day of the contest (official SkillsUSA blazer not required). Clothing requirements will be judged only at the contest and not during the contestant meeting.

These regulations refer to clothing items that are pictured and described at:

www.skillsusastore.org.

<https://www.costore.com/skillsusa/layout2/SkillsUniformPOSTER-web.pdf>

ELIGIBILITY

Open to active SkillsUSA members enrolled in programs with cosmetology/nail care as the occupational objective.

EQUIPMENT AND MATERIALS

1. Supplied by the technical committee
 - a. Technical guidelines for the specific applications required to be performed
 - b. Disposable table towels (no lint).
 - c. Plastic bags for disposal of refuse
 - d. Table and 2 chairs
 - e. One electrical outlet per contestant
 - f. First Aid Kit
 - g. Blood spill kit

2. Supplied by the contestant

- a. Anti-microbial cleanser (for pre-cleaning hands of contestants and model)
- b. Hand sanitizer (for use by contestant and model)
- c. UVA Light
- d. Safety glasses for contestant and model
- e. White terry towels (no holes or stains allowed)
- f. Disinfectant tray system with solution (for implements)
 - Must be hospital grade disinfectant.
- g. Water dispenser
- h. All items necessary to complete five sculptured acrylic nails.
Note: Dappen dishes must have covers: monomer, polymer and primer must be from the same manufacturer: Two of the four basic acrylic colors (pink, white, clear or natural) must be used to complete two-tone/French manicure sculpted nails
- i. All items necessary to complete five tip and clear sculpting gel nails. No soak-off gel or gel polish of any kind is allowed.
 - Wrap nails will NOT be used. (No-light gels)
 - Note: Activator/catalyst, resin/adhesive must be from the same manufacturer in the original packaging. Base, clear sculpting and sealer gel from the same manufacturer in original packaging.
- j. Tips can be any type of **clear or natural**.
- k. **Dark red crème lacquer/polish**
- l. All items necessary to complete flatpaint nail art application. Note Supplies are limited to polish, lacquers, and top sealer; see items not allowed. Top sealer may be used on gel nails.
- m. **Typed** description of the nail art theme. Themes are to be typewritten and contained within a plastic sleeve. **Note: Due at contest check-in**
- n. Portable kit organizer (to transport all items necessary for the contest)
- o. Manicure table lamp and electrical extension cord
- p. All competitors must create a one-page résumé and submit the résumé at the contest orientation meeting. Failure to do so will result in a 10-point penalty.

NOTES:

- **Can use any product made for nails in nail art (polish, acrylic paint, striper polish and brush, etc)**
- **Can NOT use Paint Pens.**

3. Items not allowed:

- a. Nail art accessories: gems, skins, feathers, rhinestones, glitters, threads, fabrics, foils, beads, tapes, jewelry, air brushing, art pens/sharpies, decals/stencils or cast moldings
Tip blenders
- b. Top coats or base coats. Top sealer is allowed for nail art application only.
- c. Electric files/drills
- d. Oil, lotion and buffing crème

NOTES:

No 3-D application

Contestants must provide light curing systems for Gel application

SCOPE OF THE CONTEST

The contest is defined by industry standards as set by the current industry technical standards. The contest is divided into two parts: a written exam and a series of testing situations designed to assess knowledge in nail care industry standards.

Knowledge Performance

The contest will include a written knowledge test of 50 multiple-choice questions assessing knowledge of cosmetology.

- All written tests for the **district/regional contests** will be taken online **January 2nd – January 31st**.
- All written test for the **state contest** will be taken online **March 10th – April 22nd**.

If you do not test during these times...you will not have another opportunity, therefore you will not have a written test score. It is your responsibility to contact your liaison and schedule a time for your students to test. Professional Development Test will have 20 questions based on materials from Level 1 and Level 2 of the Professional Development Program and the SkillsUSA Workbook. PDP test score will be used in the case of a tie.

Skill Performance

The contest will include a series of testing situations and technical applications. The areas that will be evaluated are customer service; safety and sanitation, natural nail care, artificial nails, and nail lacquer and art application. Observations during each segment and evaluation of the finished product will be considered in the scoring.

References:

NMC-INTA Pedicure Equipment Procedures:

www.probeauty.org/about/committees/nmc/docs/INTA_PBA_pediprocedures.pdf

Milady Standard Nail Technology Textbook, Fifth Edition: www.milady.com, Salon

Fundamentals: Nail Technology: www.pivot-point.com

Contest Guidelines

- 1. All five fingers of the model's right hand are to be sculpted with acrylic using forms, no tips, in a two-tone/French-manicure (pink & white) technique. 2 or more colors of acrylic may be used.**
- 2. All five fingers of the model's left hand are to have nail tips applied and overlaid with a light cured gel. Any type of tip may be used.**
3. All contestants must bring a model for the competition.
2. Contestants are not permitted to touch their models before the competition begins or between segments.
3. Time limits:
 - **One hour (60 Minutes) for acrylic - One hour (60 Minutes) for tips and sculpting gel - 90 minutes for polish and flat nail art applications.**

All segments of work must be completed in the specified time during competition. (For example, during the tip and sculpting gel segment, no work may be completed or started on the sculptured, nail art or polish application.)

4. Disqualification or penalty points taken can occur for the following:

- a. Any rule not followed, with NO exceptions!
- b. Leaving competition area before completion of model (applies to both contestant and model) without proper escort
- c. Unauthorized use of a product that is not allowed or that doesn't appear in the above listing
- d. Any product that appears to have been altered

5. Conversation between contestant and model is limited. Communication with observers, judges and other contestants is prohibited during the contest.

6. Cell phones not allowed in contest area.

Standards and Competencies

NAIL 1.0 — Apply the knowledge and skills needed to perform safety and sanitation in a nail care situation.

1.1 Show safety in handling products

1.1.1 Set up table to consist of items needed for the specific contest application in progress (i.e., if sculptured nail is in progress, the gel and nail art materials should not be visible during this time)

1.1.2 Identify all products and solutions properly with the manufacturers original packaging and labeling (e.g., cannot be defaced)

1.1.3 Ensure that bottles and containers are securely closed after use

1.1.4 Demonstrate when and how safety glasses and gloves are used

1.2 Perform sanitary practices

1.2.1 Ensure that all implements and files are brought to the contest cleaned, disinfected or new and are labeled as such

1.2.2 Ensure that any implement or file that becomes contaminated during the contest is disposed of or cleaned and disinfected in Tray

1.3 Perform safe usage of implements and tools

1.3.1 Verify there are no cuts on surrounding skin

1.3.2 Verify there are no cuticle abrasions

1.4 Apply knowledge of sanitation and disinfection

1.5 Show cleanliness and organization of the working environment

1.5.1 Ensure that workspace is clean and organized throughout contest

1.5.2 Verify that only needed items are out on the table

1.5.3 Ensure that required tools and products are accounted for and professionally organized

NAIL 2.0 — Apply the knowledge and the skills needed to perform artificial nails services in a nail care situation

2.1 Build an acrylic nail

- 2.1.1 Ensure product control; clarity/no bubbles, smile line
- 2.1.2 Verify that the cuticle and nail groove are smooth and thin
- 2.1.3 Ensure that the shape and length is consistent on each finger

2.2 Demonstrate proper application of a tip and overlay using sculptured gel and perform proper "nail prep"

- 2.2.1 Perform tip application (i.e., fit and alignment)
- 2.2.2 Perform tool control (i.e., no excessive filing on skin or natural nail)

2.3 Demonstrate the proper application of a Gel Base coat

- 2.3.1 Apply Gel Base coat
- 2.3.2 Apply Clear sculpting gel to nail, no excess in cuticle area. Filing after this application is allowed if necessary.
- 2.3.3 Apply Gel Top coat
- 2.3.3 Ensure that the shape and length is consistent on each finger
- 2.3.4 Ensure that surface finish is smooth, with a high-gloss shine

NAIL 3.0 — Implement the knowledge and skills needed to perform nail lacquer and art application in a nail care situation

3.1 Show proper application of nail lacquer, including any necessary cleanup

- 3.1.1 Ensure neatness, coverage, evenness and cuticle involvement

3.2 Show proper application of flat paints/lacquers

- 3.2.1 Implement creativity; theme, follow-through of theme, artist expression, and color coordination
- 3.2.2 Perform at the proper level of difficulty and complexity of design
- 3.2.3 Ensure precision, neatness and clarity of lines

3.3 Describe the theme you intend to create with nail art in one to two written paragraphs (grammar, creativity and language will be evaluated)

Committee Identified Academic Skills

The technical committee has identified that the following academic skills are embedded in this contest.

Math Skills

- Solve practical problems involving percentages
- Solve problems using proportions, formulas and functions
- Use basic math skills for the purposes of sales and marketing (addition, subtraction, multiplication, division, percentages)
- Use basic math skills for the purposes of bookkeeping (addition, subtraction)

Science Skills

- Use knowledge of patterns of cellular organization (cells, tissues, organs, systems)
- Use knowledge of physical properties (shape, density, solubility, odor, melting point, boiling point, color)
- Demonstrate simple compounds (formulas and the nature of bonding)
- Predict chemical changes to matter (types of reactions, reactants and products; and balanced equations)
- Use knowledge of heat, light and sound Energy

Science Standards

- Understands the structure and properties of matter
- Understands the sources and properties of energy
- Understands the nature of scientific inquiry

Source: McREL compendium of national science standards. To view and search the compendium, visit:

www.mcrel.org/standards-benchmarks/.

Nail Care Scorecard

Item Evaluated	Possible Points	Contestant Number				
		1	2	3	4	5
Preparation and Professionalism	55					
Acrylic Application	50					
Gel Application	50					
Nail Art	40					
Polish Application	20					
Written Test	50					
Resume Penalty	0 or -10 only					
Clothing Penalty	Up to -25					
Guideline Penalty (Rules Violation)	0 to -50 pts					
Total Possible Points	265					
PDP Test Used for Tie Breaker	20					